

# NAIT NUGGET

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ISSUE

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# NEWS & FEATURES

## Trump sure can talk



**SHAWNA BANNERMAN**  
Assistant Editor

President Donald J. Trump, arguably the most powerful man alive today, is incredibly insensitive. He lacks empathy and basic social skills. Despite his numerous flaws, there is one thing Trump is: a powerful and successful orator.

Oration is the art and practice of public speaking. Most commonly an orator's goal is to change perceptions about a political or social issue by using arguments, lines of reasoning, anecdotes and illustrations to incite the audience to believe their position. Often the speaker will appeal to the audience's emotions, instead of using logic to prove a point.

While the art of oration dates back thousands of years, there are many 20th century orators who have become well known for their rhetorical skills. Individuals like Martin Luther King, John F. Kennedy and Adolf Hitler are recognized for their powerful orations. Each of these men were able to shock, excite, and motivate millions to forward their social and political agendas.

A great orator presents new and shocking ideas that motivate an audience to believe, as Trump does through strategic oration skills. He knows his audience and approaches it accordingly, sometimes straddling the border between truth and fiction.

Trump's infamous border wall, one of his major campaign promises, is one of the most well known and outrageous proposals. While Trump is still attempting to locate enough funding for the wall, as his plan for Mexico to fund it fell through, this promise is still popular among his white-dominated supporters. It is estimated that eight million illegal aliens hold jobs in the U.S. while there are 6.7 million U.S. citizens without employment. Through building the wall,

Trump promises to lower unemployment rates by eradicating illegal immigrants.

While improvising off-prompter in a July 2017 rally, Trump deemed illegal immigrants "animals," "predators," and "criminal aliens who poison our communities." He accused immigrants of torturing and murdering young girls, not citing any specific examples of when such incidents had occurred, yet the mainly white crowd was appeased nevertheless.

One third of Trump supporters reported an annual household income of more than \$100,000, and Trump has become an expert at appealing to them. When speaking in front of wealthy white collar supporters, Trump follows a teleprompter. His speeches are clear, concise, follow a structure and address specific issues.

Conversely, when Trump speaks at rallies to the working class, he often goes off the cuff. It's evident from his poor English, exaggerated hand gestures, lack of structure and use of pop culture terms like "fake news." Trump is aware that different audiences will respond differently to his tactics and he alters his speech accordingly.

To secure a platform, a successful orator points out what he believes to be inaccurate beliefs the audience may hold and establishes arguments that align better with their own. Since the public has become aware of Russia's involvement in the presidential election, Trump has directed all the blame on the Obama administration, despite the ongoing investigation into his involvement with the Russians. In a tweet, he wrote, "I have been much tougher on Russia than Obama, just look at the facts. Total Fake News!"

At a speech last September at the United Nations, Trump warned about the increasing security threat North Korea poses, shortly after threatening to "totally destroy" North Korea if the U.S. is forced to defend itself. While blaming the Clintons for "allowing" North Korea to increase its nuclear weapons program, Trump called Kim Jong-un "short and fat," clearly escalating tensions.

Trump's confidence as an orator clearly exceeds his presidential skills. Despite his many faults as the leader of the free world, Trump has mastered the rhetorical art.

## 49,000-worker shortage seen

By **JORY PROFT**

An employment shortage of 49,000 workers is expected when older Albertans retire in the next 10-15 years, according to Alberta's Labour Market Highlights for 2017. Nowhere is this gap being felt more than in oil and gas, where there appears to be a shortfall greater than just the number of workers.

This is not news in the province, which published a 2009 report that said that government, industry and educational institutions need to work together to reduce the problem.

The issue is not just about the amount of bodies available to fill positions, but in the experience and qualifications younger workers may not have.

"You get a person with 25, 30 years of experience (in oil and gas), you can't replace them on a dime – you have to train these people," said Victor Swiredowski, an

ex-owner of a pipeline locating company.

Swiredowski believes a skill gap partially exists because older oil field workers are often fearful of being made obsolete – making them resistant to properly training the young Albertans expected to takeover their roles.

The government has acknowledged these coming skill gaps.

The 2009 study also outlines that the province will need to "keep people in the labour force longer and provide an adequate supply of young workers with needed skill sets."

The report says that just over a third of workers in 2026 will be 65 and older.

In 2017, there were just over 140,000 oil and gas workers with about 36 per cent aged 45 and older. This figure likely contributes to the projections that Albertan's working age population will drop from 72 per cent in 2017 to 64

per cent in the coming decade.

In 2017, 15-to-24-year-olds made up just over five per cent of oil and gas employees. And most of them are choosing post-secondary education over immediately entering the workforce.

Alberta workers with a post-secondary certificate or university degree grew from 54 per cent in 2007 to 63 per cent in 2017.

Kalem Michaud, a second-year electrician, chose a trade that required post-secondary education and believes many other young Albertans have as well instead of waiting and working.

"A lot of young people work these jobs until they figure out what they want to do ... this may be why there aren't a lot of people entering the trades," said Michaud.

However, a recent report on the oil and gas industry says the sector ranks in the top three for expected employment growth in the next four years – likely from this indus-

try's aging population.

Despite all the doom and gloom, a common sentiment is that this industry may become more competitive due to oil and gas beginning to downsize and jobs being phased out with many workers.

The opportunity for more competition could provide employers a wider variety of highly-qualified candidates. And with fewer available positions, education may give younger workers an upper hand.

This can be seen in the 2009 study, which said that between 2015 and 2025, the quality of labour supply in Alberta is expected to improve further based on the forecasted overall level of educational attainment.

"I think this will be a good opportunity for Alberta's oil and gas to fix some of the issues they have had in the past and for the next generation to make some much needed changes," said Swiredowski.



1964

January 1, first Nugget newspaper is published.

October 28, the Ookpik was presented as NAIT's mascot.

1964



1966

December 16, issue printed completely in green as opposed to black

# Why can't we talk?



**JORY PROFT**

In 2018, men cannot easily complain about women.

Dating can be really tough and frustrating for both men and women, but it seems to be much more acceptable for the latter to comment on annoyances they experience in relationships. A woman proclaiming that men are all pigs is not likely to stir up controversy, while a similar statement by a man would have him labelled as a woman-hater and a sore-loser in the dating world.

Why is there a double standard?

Relationship advice columns have long been a hub for people to air their grievances about a partner (or lack of).

Historically, these columns were non-gendered and were often referred to as “conduct literature.” Despite this, they generally focused on giving women etiquette lessons instead of actually giving insightful, personal answers to a reader’s inquiry. The answers were mostly written by men and it showed. The suggestions often centred on the idea that when a woman had an issue with a partner, they were the problem and should change their behaviour to better fit a man’s needs.

Today, relationship advice for men is a growing trend but has not advanced much past being conduct literature. Similar to the thoughtless advice previously provided by

male writers, female authors are playing into the idea that men are always at fault and need to consider a woman’s needs first and foremost.

I discovered this trend through an article in *The Atlantic*. Although it was written in 2013, these columns for men still have not developed into much.

In 2018, the most notable examples of columns for men are *GQ* and *Reddit*.

Of the last 30 articles about relationships in *GQ*, less than a third were male-authored. With titles like: *15 Things You Must Own Before You Invite a Woman Over* (female-written), in which the author berates men on all the objects they may not own, it is a perfect example of how men are still being told they need to change for their partner.

On the totally opposite end of the spectrum, *Reddit* seems to have a major victim’s complex. Just by viewing *r/askmen*, you would think that men are an underprivileged, minority group. And if you want to be truly disgusted, you’ll check out any page associated with incels – basically, men who believe women are the devil and any man who can get an attractive woman is a jerk and con artist.

With these being the majority of options for male relationship advice, it’s possible that men may either start to believe they are always the issue, or develop a victim’s complex – completely losing the necessary gray area that is

more accurate to real life.

Both genders are guilty in perpetuating these ideas through their total disregard for being open about the issues men may face in relationships and dating.

Obviously, women have faced much greater adversity within gender relations

and I don’t mean to discredit any of the work that has been done to promote equality. These types of gender issues have been around forever, but why have men yet to move forward in the category of relationship guidance?

As a single young man who has not been super successful in the dating game as of late, I have learned that complaining about the shady, inconsiderate moves some women pull is a touchy subject. I discovered that

gripping about times you’ve felt mistreated almost always makes a man sound pathetic and people are quick to question what you as a man did wrong – never considering that the potential partner may actually be at fault. I’m not saying I am perfect and I probably am the problem sometimes, but when a woman sincerely has poor character traits, why does it feel like a risk to openly criticize her?

Everyone knows both genders have issues with certain parts of dealing with each other – why can’t we all critique the qualities that we dislike in each other? After all, constructive criticism is often the only way people can grow.

***A woman proclaiming that men are all are pigs is not likely to stir up controversy, while a similar statement by a man would have him labelled as a woman-hater and a sore-loser in the dating world.***

# Intn’l fees likely safe

By **MICHAEL MENZIES**

International student fees appear to be staying the same for the next school year despite NAIT’s deficit of \$6.1 million last year.

In a recent interview, President and CEO Glenn Feltham said he “doesn’t believe international tuition is going up,” when asked about the current budget cuts happening at the University of Alberta and whether similar changes could happen at NAIT.

The U of A made headlines last week by cutting their budget by four per cent while increasing international student tuition by 3.14 per cent and upping the

costs of dorms and meal plans. They’ve since been criticized by the students’ union and academic staff.

“We know that we need the resources in order to do the things we need to do to meet the needs of students. But all of these decisions will be driven by what we believe is in the interests of our institution, as well as in the interest of our students,” said Feltham.

Last year, NAIT increased international tuition by 24 per cent with little warning to students.

The U of A’s been further criticized for their cuts because of the salaries that upper administration receive, including President David Turpin’s of over half a mil-

lion. NAIT’s salaries for upper administration are also in the hundreds of thousands of dollars, including President Feltham’s at just under \$500,000.

“There actually is a market for talent,” Feltham said.

“This province is well served when they have among the best talent in the country. In no way am I saying that Glenn [Feltham] is the right person, but when I look at colleagues, I’m in awe when I see the talent.”

Feltham continued by saying that Alberta has been enormously blessed to have incredible leaders.

NAIT will table its budget in May.

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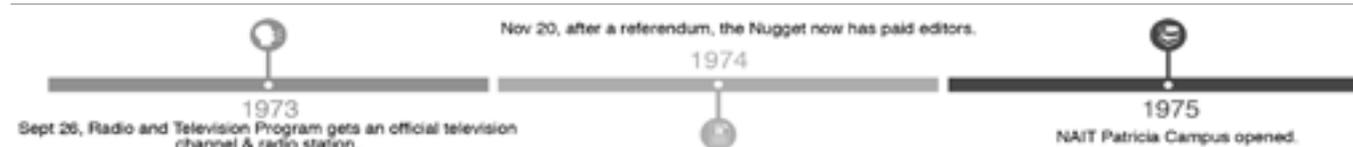
## Letters

**We want your views**

Is something bugging you about NAIT or the world? Do you have some praise for the school or life in general?

Keep your thoughts short and to the point. No more than 100 words. Submit your letters with your real name and contact info to: studenteditor@nait.ca.

We need to list your real name. Getting something off your chest is downright therapeutic. Write us.



# NAIT Blatchford plan still on

By **MICHAEL MENZIES**  
Senior Editor

Student housing for NAIT on Blatchford land is “still going to happen,” says NAIT President and CEO Glenn Feltham. Originally reported in 2013, NAIT has had its sights on acquiring and developing a portion of the adjacent former airport land for a few years.

Feltham told *The Nugget* last week that the Blatchford subdivision development, which would include, in NAIT’s portion, student dorms, a clinic, childcare and new athletic facilities, will be part of “one of the niftiest communities in North America.” However, negotiations with the City of Edmonton have been sluggish, leading some to question whether it’s ever going to happen.

“As we’re moving towards our vision, when we have the opportunity to move on those things, when windows open, we’ll be

ready to move through those,” said Feltham. “The city has had to determine its vision for those lands. We have always been a part of what that will be but we’re still working with the city on exactly how that works.”



Glenn Feltham

In an update given to staff from an a Board of Governors meeting last October, Feltham said that both the city and NAIT have agreed on broad terms but “much work must still be done before an agreement is finalized.”

NAIT is currently one of the largest post-secondaries in North America without student housing on campus. Most students decide to rent while some live at MacEwan or U of A dorms.

One of the biggest challenges besides cost is the promise that Blatchford will use renewable energy, be carbon neutral and be designed to encourage sustainable lifestyle choices.

“The complexities of these types of transactions are really significant in everything,

like managing the energy system,” said Feltham “So I wouldn’t say the price is the primary sticking point, it’s just gaining a level of comfort for both parties.”

“Blatchford itself is going to be too cool for words.”

If NAIT gets the land it hopes for, it would have the potential in the future to move all of the skilled trades onto main campus where 95 per cent of students would then take classes. That could mean a huge new building.

“It would unbelievable to bring all our skilled trades back to Main Campus, but the nature of the skills centre we would need would be twice the size of CAT. So when we’re looking at a skills centre, it would have to be, for example, where the bus barns are now. That would have to be an 11-acre or 12-acre building.”

Consolidating on one main campus, plus Spruce Grove, the home of the new crane and hoisting program, would help NAIT’s goal of growing by over 50 per cent with almost half of these students in programs that didn’t exist 10 years ago. That would mean an estimated

20,000 new students. From 2008-13, NAIT went from 2.2 applications for every available program seat to 3.9 applications, with total applications doubling.

Despite NAIT’s 2016-17 deficit of \$6.1 million, its first in 15 years, and a statement by Feltham on March 1 that “we cannot continue to operate as we are,” he is optimistic for the future.

“I can’t imagine there’s an institution anywhere that’s better positioned for the future and that’s able to meet the needs of learners and industry than NAIT.”

In 2011, NAIT drafted its vision for the future called NAIT 2021, a plan for what the school will look like in 2021. The aim is for it to become one of the world’s leading polytechnics and the most relevant and responsive institution in Canada.

Currently, NAIT administration is looking at updating the plan. NAIT 2021+ will affirm NAIT’s promises to industry, students, staff and Alberta, and will uphold NAIT’s core values of collaboration, accountability, respect, support, and celebration.

## A life after the military

By **SHAWNA BANNERMAN**

Chris Ruston sits across from me in the NAITSA office, his right hand holding a Tim Horton’s cup, his left in his pocket. He fidgets slightly, rubbing his fingers along his jeans, tapping his toes on the carpet.

“Five years ago, I had decided this is what I want to do, this is the way my life is going. This is who I want to be. In my mind, that was a 25-plus-year plan ... Now the problem is everything’s been turned up on its head and I have to come up with a whole new plan so I don’t exactly know where I’m headed or what to expect.”

According to Veterans Affairs Canada, 42 per cent of veterans released from the Forces between 2012 and 2015 reported difficulty adjusting to civilian life. Of those who released between 1998 and 2015, 35 per cent were unemployed at the time of the survey. Ruston, who officially released in January, is among five per cent of veterans who pursued further training.

Having joined the forces in October 2012, Ruston spent six years as a combat engineer, working in various bases across the country. The rough lifestyle as a combat engineer left Ruston with a back injury and, early this year, he was released.

As a condition of a medical release, the Vocational Rehabilitation Program allots

serving members six months to attend school, re-educate and reintegrate themselves into the civilian workforce.

“During that process, I found out that I could do some schooling and that’s how I ended up here at NAIT. I’ve always had a passion for cooking.”

Ruston is in the Culinary Arts program, and although the adjustment has been difficult, he finds comfort in the traditions that resemble those of the military.

“The kitchen is basically designed off the brigade system. Because of that it’s kind of easier to transition,” he said. “There’s a lot of great people that I’ve met and that I will know for years to come, but it’s a different atmosphere. I can’t say it’s worse, it’s just different. Trying to readjust for the way life is now and the way school is, the way everything is now is ... definitely more of a challenge than I thought it was going to be.”

Ruston chuckles as he explains his sudden decision to join the military in 2012.

“I just woke up one morning, went in, inquired about it, signed up and that was pretty much it,” Ruston said. “I’ve always had a lot of jobs but I’ve never had a career ... I figured the military would provide me with a stable career path.”

Now, five years later, Ruston struggles

to accept that his career with the Armed Forces has abruptly ended.

“I do miss the uniform. I do miss that feeling I had when I would go to work every day, knowing that I had a purpose,” he said. “I still haven’t fully accepted the fact that my military career is done and I’m now a civilian and in school.”

Kyle Huber is a first-year student at NAIT in the Construction Engineering Technology program. After a seven-year career as a combat engineer, Huber will be released from the military in May 2018. Though it wasn’t a path he expected, his passion for construction developed during his time in the military.

“I had it figured out when I was 14 that I wanted to be a soldier,” said Huber. “The military has large community involvement. When they [the public] look up to you and they believe in you and what you’re doing and how you’re helping and that you are providing a genuine service towards the country ... that’s what gives you the sense of purpose, that’s what kind of drives you.”

Huber is among 24 per cent of veterans who are medically released from the military.

“My career was essentially over, as soon as they said I couldn’t be deployed anymore. I felt useless at the end of the day. I felt like I wasn’t contributing to my team and I felt like I’d let people down because of that, including myself. I found that I needed to go elsewhere where I could actually apply my skills and be of use again.”

After his departure from the military, Huber says the transition to the civilian and student lifestyle has been made easier by the experience he’s had at NAIT. A genuine smile formed on Huber’s face as he described his instructors and the camaraderie among

his classmates. “I sense more cohesion at times between students working together than I sensed while I was in a trope or a platoon ...,” said Huber.

“Here, the people want to be here, and they make you want to be here, and it feels a lot like home.”



Photo by Loreena Jans  
Kyle Huber



1977

Feb 3, first computed typewriter at NAIT.

Mar 9, NAIT instructor James Osborne caught making drugs on campus

1978



1979

Jan 26, Nugget Editor gets fired for the first time.



# Around, around we go

By MICHAEL MENZIES

Robbie Davidson says he was on his first date with his future wife when she admitted she didn't believe human beings have landed on the moon.

Davidson was surprised. "You don't believe we landed on the moon?"

He didn't believe in the moon landings either. It was the biggest conspiracy that Davidson believed for a long time until, that is, he started looking into the most audacious and booming "new" conspiracy – the commonly held belief that the earth is a sphere.

Hot off the heels of the first Flat Earth International Conference (FEIC) event in Raleigh, NC last year, the Edmonton native and local flat-earth proponent booked West Edmonton Mall for Aug. 9-10 for Canada's first FEIC.

## Misconceptions

When many think of flat earth, they imagine boats falling off the edge or a flat disc floating in space. This is what the old Flat Earth Society believed and are misconceptions about the modern movement, Davidson says.

"We (flat earthers) all believe the earth is round, or 99 per cent of us," said Davidson. "We just don't believe it's a sphere. It can be round and not be a sphere."

Modern flat earth essentially boils down to two salient points: the earth's movement and its curvature.

"You can't conclusively prove scientifically that we're [the earth] moving or that we are on a ball at 2,500 miles of circumference at eight inches per mile squared. We cannot prove that using the scientific method."

Flat earthers agree on most details, but generally differ in three categories: religious, conspiratorial and scientific. Davidson believes in a literal interpretation of the Bible and believes "scientism" pushes an anti-religion agenda, which he explores in one of his Youtube "documentaries," *Sci-*

*entism Exposed*. The film disputes "origin" theories like evolution, big bang and a heliocentric (sun-centred) model of the solar system.

"We're not saying you can't believe in things and can't look into things, but what we're asking is what truly is science? Going to real empirical science."

Many flat earthers cite experiments such as "Airy's failure" an experiment conducted by British astronomer George Biddell Airy in 1871 or the Michelson-Morley experiment (1887) which led to Einstein's special theory of relativity, as unintentional proofs that the earth does not move.

"Try and do an experiment and wrap water around a ball. Furthermore, find something that's spinning and moving while keeping water on it. But then you'll say that's gravity, right? Well, here's the interesting thing about gravity. It's never been seen, it's never been measured, it has not gone through the scientific method. You talk to five different scientists they'll give you five different definitions ... No one has the precise definition of what gravity is."

## Open invitation

Flat earthers want a moderated debate, too. Davidson says he's invited "the Gods of science today" Bill Nye and Neil deGrasse Tyson to come "destroy the flat earthers," which they've declined to do. He would extend the same offer to instructors at NAIT if they were interested.

"It's unbelievable how many people are talking about flat earth and yet no one will actually seriously address it if this is such a concern ... If that's the case that this theory is dangerous, you'd think that they [scientists] would want to step in and make sure people don't get involved in such a dangerous cult, you know what I mean?"

The only stipulation would be that photographs of the earth from space would be inadmissible as proof. Since nearly all flat earthers reject that man has been to the moon, (some even space) they say images



Photo by Aiden James

## Robbie Davidson

of earth from space are faked and are not true evidence.

"If anything, challenge us respectfully. We don't mind being challenged and if there's new evidence that comes forward about something that hasn't before, then bring it up."

"You cannot find a scientific experiment that you can go out with your NAIT buddies and do to prove that we're mov-

ing or that we're curved at eight inches per mile squared ... If anyone there wants to be famous in your paper [*The Nugget*] they will be Einstein-famous if they can develop an experiment to conclusively prove this. It can't be done so far. And if it is done, then I'm done. No more conferences and I'll go back to believing in the globe."

Tickets for a weekend pass at the flat earth conference retail for \$249.

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FOR MORE DETAILS ON THESE EVENTS, CHECK OUT [ORGSYNC.NAITSA.CA](http://ORGSYNC.NAITSA.CA)

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Nugget discontinued for 4 months after conflict between NAITSA and Nugget.

1981

Jan 6, Ooks win international hockey championship.

1982

1983

May 12, satire issue released known as "The Fugget."

# A first for NAIT

**Cecile Bukmeier joins  
autobody program  
as an instructor**

By **KELSEY BAKER**

One of NAIT's newest teachers has come full circle. Cecile Bukmeier, who started in NAIT's pre-employment program after high school, has recently become the first female teacher in the Autobody program.

Her love of the industry started early.

"My dad was a mechanic when I was growing up, so whenever I went to visit him we were working in the garage and I was always asking to help him."

It was a hot rod magazine, however, that was the final trigger to spark Bukmeier's career.

"I was reading a hot rod magazine and saw this candy paint job, just the most insane car ... I read the credits underneath the photo, and saw that someone had painted it. I thought, 'somebody painted this car?' I didn't even know people could do this. I want to do this."

## Door opened

The door to the autobody world was opened and the Registered Apprenticeship Program at her high school organized a placement at a local shop near Bukmeier's high school.

That's not to say that it's always been smooth sailing for Bukmeier. She's had to be persistent and uphold a rather thick skin to follow her dreams in a largely male dominated industry.

"On my interview [for RAP], the owner brought me around the shop and was like, 'you know, we don't get a lot of girls in the back, it's a lot of guys working here and it's a really tough, dirty job. I think you would be more suited to being a receptionist.'"

## Slow start

Bukmeier insisted that she was interested in the shop rather than doing paperwork and they decided to take her on. Although she was in the environment she aspired to, it was mostly floor sweeping and taking out garbage as opposed to learning the industry.

"I kept asking these guys if they could show me anything and kept getting turned down. It was annoying; I didn't want to sweep the floors all the time. I understood that I had to pay my dues but I had read what a prepper does and I knew there were a lot of parts I could potentially sand but they never gave me the shot to go and do that."

This discrimination would persist through the following years while Bukmeier worked to complete her apprenticeship. She became accustomed to walking



Photo by Melissa Potter

into many shops, resumé in hand and getting turned away or brushed aside.

Scott Sinclair, department head of Transportation at NAIT, recognized Bukmeier had a special skill.

"I met Cecile when she was a student of mine in the auto body pre-employment class and there was definitely a spark with her then ... she was one of the top students in the class, progressed through the program, and did very well in all periods of it."

Bukmeier did so well at NAIT, in fact, that the Alberta government contacted her about competing in the provincial trades skills competition. Winning this, she moved on to the national competition and dominated there as well.

Following the competition, Bukmeier returned to work and was contacted by

NAIT staff about an unexpected opening in their program. Sinclair explains they keep in touch with a lot of their students after graduation, and they had followed Bukmeier's career as a journeyman.

"We liked the energy she had about her, not only her skill set," he says. "We had never had a female teacher in the auto body program, and encouraged her to apply. She did, and she interviewed extremely well."

Bukmeier, however, was nervous about applying for the job.

"I didn't know about being an instructor," said Bukmeier. "It took so long to be taken seriously in the industry, so to be in the forefront, training apprentices and being in direct contact with these shop owners who potentially may not like me because I overcame it. I had just got com-

fortable, now am I going to have to fight again to be taken seriously because I'm young and a female in the autobody trade?"

Of course, Bukmeier decided to apply for the job and, since being hired, is enjoying the position. Sinclair is happy to have Bukmeier on the staff and pleased to have someone with such passion and skill teaching future auto body technicians.

"She's very much a mentor for our female students who come through ... having a female who's been very successful is very advantageous. She's an excellent role model."

A welcome addition to NAIT, Bukmeier, who started out as a frustrated student herself, now acts as a supporter and inspiration for those following a similar path.



1984

Patricia Campus is purchased

January 17, new student lounge, NAITrium, is opened.

1985



1988

August 1, current Nugget M.O.M., Nicole Murphy, is born

# OPINION

— Editorial —

## Reach out, be offended



**MICHAEL MENZIES**  
Senior Editor

It is offensive to challenge yourself with ideas. And even more so, it is offensive to be challenged by ideas. If that didn't count as offensive, what would?

Well, violence, for starters. But as far as student life goes today, universities are not doing much of the challenging anymore, trading a battleground of ideas for a chamber of groupthink.

I pondered going to university, borrowing tens of thousands from our noble government for a liberal arts education or delving into the crevices of the human mind, but I was scared off.

### No jobs for university grads

Not only was I hearing about weakening education but there are no jobs for university grads. There's no reason to rack up all of that debt for no payoff, they cried. It's not worth the strain, either, not to mention all the other topics of the day like mental health, social media taking our joy (and our data) and ideologues for instructors. A university doesn't have a lot going for it other than a name and tradition.

What is the value of the average university education I skipped out on? It's dollar signs in the young engineer's eyes – anxiety in everyone else's.

There's no longer trusty oil and gas to help the hurtin' Albertan. Our federal government will hardly support a pipeline that's already passed the House of Commons.

### NAIT an excellent alternative

There's an even tougher hierarchy to climb in the cutthroat retail game if you sit out of the classroom gibberish. At a \$15 an hour minimum wage, try accelerating up the company ladder and seeing where upper management leads. A dollar or two more?

So I thought hard about university and its value when faced with the future. NAIT provided an excellent alternative from the khaki pants, round-rimmed frames and Herschel-supporting students of U of A or

MacEwan. Although my choice of trade (Radio and Television) coupled with my extra work for a newspaper, would've best prepared me for a career beginning in 1978, not 2018.

I have yet in my short time away from home to help a friend install a satellite dish or lend them a loonie to snag the latest *Sun* or *Journal*. If radios weren't installed in cars, we would no longer have the thrill of hearing our texts read live on air on Now radio. As we wait drearily for traffic on the Henday to relax, at least we can share that hilarious time a ex-girlfriend's mom burnt ravioli during a family dinner. But for how much longer?

Media is at a crossroads. It is entering its most volatile and unpredictable future. Not so high a horse I'm riding over those measly psychology majors two years later am I? Is that the future teacher I hear laughing at me with their paid benefits, months of leisure time and union security or am I only imagining it?

What could be more offensive than making the wrong life-choice? In that case, the post-secondaries have done the best they could. Maybe captioning and court reporting was the best program after all.

The world's a bit nuts these days. In the age of

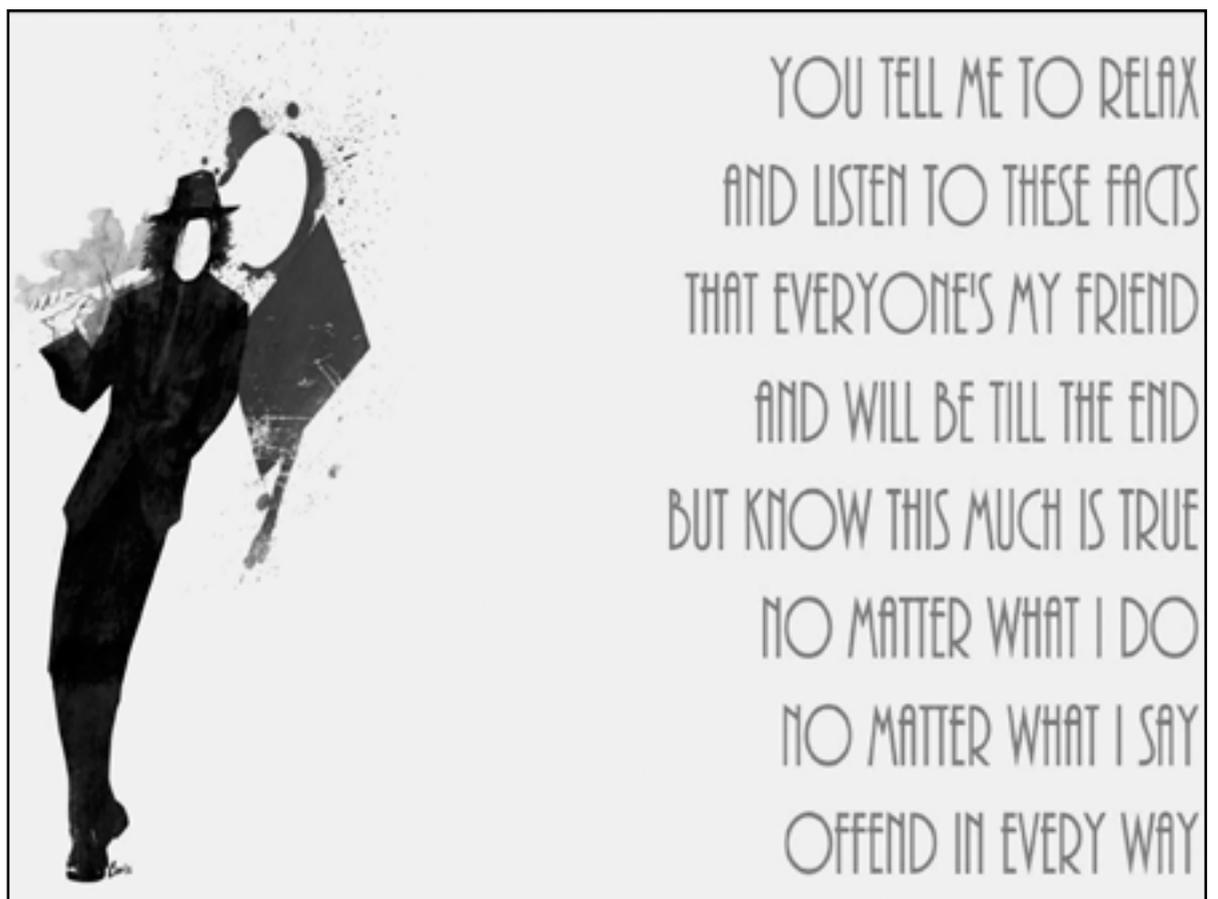
major deficits and "gendered budgets" it's difficult to fathom what the province or country will look like in five to 10 years in nearly every way. Give credit where credit's due: because it will be due for decades whether it's our own Mastercards or Prime Minister Justin Trudeau and Finance Minister Bill Morneau's.

If you're about to exit the halls of NAIT to enter this treacherous and uncertain world, you might need some reassurance, a game plan, if you will.

Here's what I've devised. The method to sanity (or insanity, just as easily) is to seek every opportunity to offend yourself. Offend yourself with the authors whose work is opposite to your views. Offend yourself willingly with the good and bad. Challenge what you think and don't waste your time stewing and taking offence about things that don't matter to you: make it about the most meaningful things. Make it work for you, against you and with you.

We are privy to the most information human beings have ever had and, like every other time in history, we've known the least amount to get by.

Enough moralizing. "Offend in every way," as the White Stripes sang. At least then, maybe, hopefully, you'll learn something.



YouTube



# SPORTS

## Believe in yourself



**TRE LOPUSHINSKY**  
Sports Co-Editor

Fifty three per cent. That was my mark in English 30-2 in high school. It was a measly grade to get my diploma for a student who didn't show up to class and didn't care. I care now. I've been your co-sports editor for two semesters while I've also been taking the radio and television course at NAIT. I'm done in less than a month. I went from an 18-year-old who spent his weekends drinking to the point of forgetting them to a dude who grew up and realized what he wanted to do with his life.

Prior to last January, I had worked at a warehouse for three years as a supervisor and I hated my life. I was trapped in an emotionally abusive relationship with a girl

I thought I loved. I was working night shifts and the constant flow of energy drinks and darkness did nothing but hurt me. I was lost. All I had during that time was podcasts, books and a good friend. Pruski inspired me to start reading, which is a hobby I had never thought of acquiring.

When I was in Grade 5 I lived in Bellingham, Washington with my mother. I recall my teacher at the time, Mrs. Smith. She had a pair of wide rimmed glasses and wrinkles that resembled cracked, dry dirt. When we had reading time all my other classmates got to choose their own books. Mrs. Smith took it upon herself to choose a special series of Treehouse books that were set for a second grade reading level. But I felt compelled to read graphic novels.

At the time, it was Tin-Tin. She didn't believe I was capable of reading the books I wanted to and from then on neither did I.

The only time I felt truly driven to read real books and not just graphic novels was when Pruski instilled some confidence in me. Thanks for nothing, Mrs. Smith.

When I was 19, I was upgrading English 30-1. I never showed up, barely did the work. When I took the reading comprehension and writing tests it told me I had a

Grade 7 comprehension and writing level. Jump to me at 24 when I was upgrading to get into the radio program. I earned an 85 per cent in English 30-1 and the comprehension and reading level of a university student. Now this might seem like me bragging, but it's not. I'm trying to inspire. I thought I was an idiot unable to succeed, but when I started writing for *The Nugget*, it changed me. I was driven to improve. I didn't want to be the dumbass giant dude.

If it weren't for our senior editor, Micheal Menzies, I don't know if I would have kept writing or even improved. He's helped me a lot. Thanks, captain.

As much as I hated my time at the warehouse, it helped me, reading legit helped me. Knowing that I wanted more lit a spark in me and helped me get to a place where I am happy. I am going into a career I want to be in and have passion for. I am in a healthy relationship with a loving girlfriend, and I am an editor for a college newspaper. That's big for me. I never thought I would ever write for a paycheck, let alone enjoy it. The biggest thing you can take from this is if you want to do something and someone says you suck at it, screw what they think and do it.

## NAIT athletes honoured

By **CONNER TOFFAN**

After another season has wrapped up for all Ooks teams, many players and coaches have been honoured for their work.

In curling just over a week ago, Jules Owchar received the Curling Canada women's coaching award, while Jonah Tobinski of the men's curling team took home the CCAA men's fair play award along with his bronze medal from the CCAA curling championships.

On the CCAA level, volleyballer Cole Burkart and women's basketball player Kika Greenlee were named All-Canadians.

On the ACAC front, Brittney Savard, a forward from the Ooks women's hockey team, flexed her academic muscle, winning the ACAC top women's hockey scholastic achiever. Savard posted nine goals and six assists this year in 21 games with the Ooks, while scoring a near-perfect 3.9 GPA during the first semester in the personal fitness program. Savard was also named to the ACAC all-conference team, as she was seventh in the league in scoring. Elsewhere on the women's hockey team, Megan Leblanc was named the ACAC women's hockey

rookie of the year. Leblanc also scored nine goals and six assists which lead all rookies in scoring. Leading scorer Kendra Hanson, Verca Kuzelova, and Carlin Boey were also all named to all-conference teams.

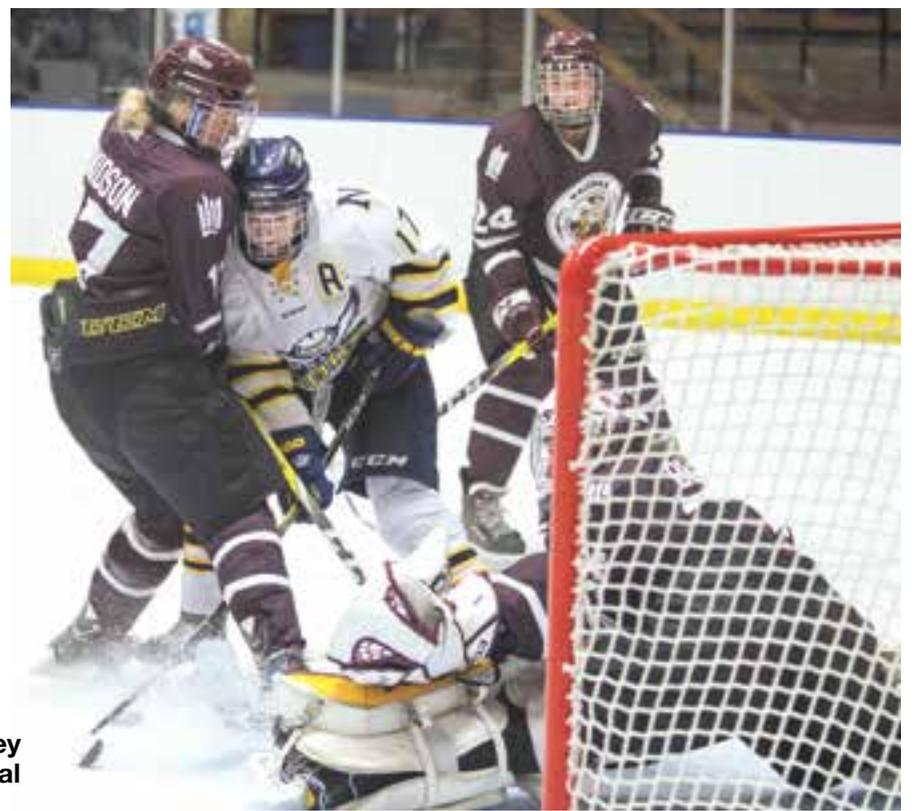
The men's hockey all-conference teams were littered with Ooks, as defence man Ty Stanton and Corey Chorneyko, along with forward and leading scorer Jake Mykitiuk were all honoured.

Samson Cleare and Brady Mackay were both named onto the men's north all-conference basketball second team after they both helped the Ooks to a fourth place finish in the league. Sydney Hurlburt represented the women's basketball team, getting named to the women's north second all-conference ACAC team.

In men's volleyball Burkart, Devon Klein and Mitch Lewington were all named to the northern all-conference team.

The NAIT athletic awards banquet is April 6.

**Brittney Savard, top women's hockey scholastic achiever, fights for a goal in front of the MacEwan net.**



NAIT Athletics



1990

February 1, NAIT set to take over Westerra Institute of Technology.

September 6, NAIT holds its first Courtyard Carnival.

1990



1991

January 24, survey to make NAIT smoke free is struck down

# Pro athletes are worth it



**CONNER TOFFAN**  
Sports Co-Editor

Are athletes paid too much money? It's one of the most debated questions in sports. It also has one of the most obvious answers. No, they aren't.

Now, there's no question that athletes are getting PAID. The average salary in the NBA is a whopping \$6.2 million. In the MLB it's \$4.4 million and in the NHL it's \$2.9 million. And somehow the largest league of all (the NFL) has the lowest average salary at \$2.1 million.

This is basically the definition of making bank.

All jokes aside, pro athletes are just the tip of the iceberg. What goes unnoticed by many is the fact that there are hundreds of thousands of pro athletes across the world fighting to make a decent living. Even at the highest level of minor league baseball,

players can struggle to even make minimum wage and it is estimated that plenty of them make less than half of what an average fast-food worker does.

In the minors, NBA G-Leaguers can make around \$23,000 a year and minor league baseball players make about \$2,000 a month, but that salary is cut off once the season is over.

When we look at how much athletes are paid, we use tunnel vision to make sure we only see the LeBron Jameses and the Clayton Kershaws of the world, who both make around \$32 million. If Clayton Kershaw makes \$32 million this year, that accounts for about 3,200 minor league salaries. But Kershaw makes much more than what his contract with the Dodgers says, because that doesn't include sponsorships. If anything, those other athletes aren't being paid nearly enough.

When we think about athletes' salaries, we often compare them to our own. So when we see that athletes are making millions every year, and we're only making tens of thousands, it skews our perception. When you actually compare the jobs, being a pro-athlete isn't always so great. A lot of players have fallen into drugs and alcohol. Plenty have mental health issues at a high rate that not many will understand because they're perceived to have these amazing jobs. Being a pro athlete isn't a normal job. You wake up early in the morning to eat, work out, practise and play. You get home late at night, often in the early morning, as well as after late night games. All the while you're

slowly degrading your body to nothing as you have every single decision you make on and off the ice, court or field scrutinized. So next time a player signs a huge contract, don't fall into the trap of "James Harden will make \$364 per shot attempt in 2023" because that only accounts for two and a half hours worth of an athlete's long and gruelling day.

Don't forget, that if players got paid less, the owners would make more. The money would not be in your pocket. I don't think Steve Ballmer (owner of the Los Angeles Clippers who is worth \$36 billion) needs much more money in the bank.

And if you're dead set on the viewpoint that athletes are paid too much, do you go to the movies? Do you even have a television at home? Do you still go out and pay for tickets to concerts or sporting events? In the end, they're all forms of entertainment where the best are making a lot of money. Many people need entertainment to escape from the reality of their daily lives and, in that, sports are no different from movies or music.

NFL players make a good living, but there's currently no price to cure their scrambled-egg brains from years of head trauma.

Yes, athletes can make a lot of money. But they often live on a poverty salary, too. For as much as a top-end athlete can make, they have usually earned it. But never forget about the thousands of athletes who aren't signed to 13-year, \$325 million contracts like Giancarlo Stanton.

## CURLING NATIONALS

# Ooks pick up bronze – twice

By **ARIELLE TRISCHUK**

The NAIT Ooks men's and women's teams took bronze at CCCA curling nationals in Leduc on Mar. 24. The women faced off against the MacEwan Griffins while the men's team battled the Augustana Vikings.

The women's bronze medal game was close in the first two ends with one

point each. Then the Ooks took a 4-2 point lead in the fourth before losing their advantage in the eighth end where the MacEwan Griffins led 6-4. But it was the tenth end where the Ooks would lead 8-6 and give them the bronze medal victory.



The men faced their rivals from the ACAC championships, the Augustana Vikings. They lost their chance at placing in the provincials but this time the men came to compete. The team scored three points in the first end and eventually took a 7-2 lead in the sixth end. The

game eventually wrapped up with a score of 8-4 for the Ooks.

Jules Owchar, the Ooks' curling coach and winner of the ACAC coach of the year award, was awarded again, this time by the CCAA with the curling Canada coaching award for his work with the women's team.

## GOLF

# Whatever happened to ...

By **PETER GO**

Golf is a love/hate sport. It all boils down to if you understand it or not. Golf is a complex game, filled with angles and alignments that take years to figure out. A couple of years ago, NAIT had a golf team.

When you step into the NAIT gymnasium, you see a variety of banners spanning all sports. The odd one out of this bunch is golf. NAIT has nine golf championships. They were good. The team folded in 2015 after budget cuts.

The last time NAIT students held golf gold was in 2003 at the Fort McMurray Golf and Country Club.

NAIT won the gold in the team event, shooting a low score of 625 in two rounds and beating Mount Royal by eight strokes. The Ooks also won gold in the singles event when Craig Compton posted a low score of 151. The coach of the gold-medal-winning golf team was none other than NAIT's curling coach, Jules Owchar.

"I enjoyed working with young golfers," said Owchar. "We won nine [championships] and that's a lot for a school in this part of Alberta."

In the 2014-2015 season, NAIT had two players finish in the top 25 in the North Golf Regionals. Luke Steeden,

finished 25th and shot 171. NAIT's top player for that year was Greg Connell who finished 21st by shooting 167.

The Silver Torch award is the highest recognized award at the NAIT athletic banquet, given to an individual who has contributed the most to their team's success and, for the 2014-15 season, that award was given to Steeden. NAIT went into that season as host of the North Golf Regionals, held at Goose Hummock Golf Resort. The next year they were gone.

Looking back at the past *Nuggets*, there are advertisements about the golf team. They were pleading for anyone

to try out. Guys needed to be at least an eight handicap. While girls needed to be under a 20 handicap.

It is understandable why a couple of years ago, people weren't interested in golf. But it is interesting to think what if? What if there were a golf program now? Would there be a larger turnout now?

There are some people who are reading this article and would love to try out for the golf team. But it's not possible any more. There are so many questions that will most likely be un-answered for quite some time when it comes to golf at NAIT.

NAIT tuition fees go up by 12% for fall semester.

**1991** Mr or Miss NAIT Pageant (began in 1967) cancelled due to lack of participation. Only 2 applicants are crowned.

**1992** Avionics Engineering Program introduced at NAIT.

## MEN'S HOCKEY

# A great team remembered

By TRE LOPUSHINSKY

The NAIT Ooks hockey program holds a very rich history. There is one team in particular that shines amongst the rest – the 84-85 men's Ooks. The team won all their regular season games, swept their opponents at the nationals and capped off their season with a perfect 33-0-0 record.

The season prior saw the Ooks losing the championship by one goal. They were hungry and with most of the team returning for the 84-85 season, they won gold.

For 34 years, few college teams have been able to replicate what the Alberta Sports Hall of Famers (only CCAA team to be inducted) had been able to achieve.

Perry Pearn coached the NAIT Ooks for 14 seasons, gaining six conference titles and six national championships, one of those seasons coached was the 84-85 season. Perry felt that the Ooks had the best forecheck in the ACAC, bringing the pressure to the team's side was their specialty. There was other parts of their game they felt led to their success.

"Eighty hits a game would set us up for success along with no more than 20 turnovers a game. With both we were winning 90 per cent of our games."

The 84-85 Ooks are one of five North American post secondary hockey varsity teams to go undefeated in regular season and postseason games. This feat stands through 213 teams and four different leagues. Of the five, the 1984-85 NAIT Ooks had the most wins.

"It put college hockey on the map in my opinion."

This was Ron Amoyotte's response when asked about the impact of the team. Ron was in his rookie year with the Ooks coming off a national championship with his junior team. "Coming from juniors, I thought it was going to be a let down. It turned out to be a great experience with great hockey." Ron



NAIT Athletics

was captain for the next two seasons. During his tenure he won three ACAC and two CCAA championships.

During the Christmas break of the season the Ooks took place in their first European tour. The team collected four wins and a tie in Switzerland. The Ooks ended up beating eventual Canadian Interuniversity Athletics Union (CIAU) champion, York University Yeomen for the Altjahres Cup. This win made the Ooks the first team in its CCAA national hockey championship season to down a university team in its CIAU (now U Sports) national hockey championship season.

In the national championship, the Ooks faced the U of A Golden Bears in a Ronald McDonald Charity game at Northlands Coliseum. This series was called Face-Off. During this

game both teams faced off in front of an attendance of 13,354. This game set an attendance record for a hockey game featuring two Canadian post secondary teams that still stands. The series would continue seven more times.

Through the regular season the 84-85 Ooks managed to break six conference records -- most goals (222), most assists (343), most points (565), most wins in a 25 game regular season (25), fewest losses (0), and highest winning percentage (1.000). These records have yet to be broken. The team holds a prestige within college sports that should be known.

Since then, the 2015-16 men's hockey team also went undefeated, with a 36-0-0 record en route to an ACAC championship.

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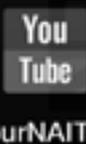
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SERVICE HUB

# UPCOMING CAMPUS CLUB EVENTS APRIL 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 <i>Easter Monday</i> <b>SMASH CLUB WEEKLIES</b> 5:00pm-10:00pm, CAT Theatre	3	4 <b>GDD GAME NIGHT</b> 3:15pm-10:30pm, J010 & J012 <b>THE MUSLIM VOICE</b> 2:00pm-4:00pm, CAT 211 <b>COMFORT BOX</b> 10:30am-1:30pm, CAT 202	5	6 <b>CHINESE BIBLE STUDY FELLOWSHIP</b> 5:30pm-8:30pm, E 221 <b>SNAC ANIME CLUB ROOM</b> 4:30pm-9:00pm, CAT 274 <b>GDD GAME NIGHT</b> 3:15pm-10:30pm, J010 & J012	7
8	9 <b>SMASH CLUB WEEKLIES</b> 5:00pm-10:00pm, CAT Theatre	10	11 <b>GDD GAME NIGHT</b> 3:15pm-10:30pm, J010 & J012 <b>THE MUSLIM VOICE</b> 2:00pm-4:00pm, CAT 211	12	13 <b>SNAC ANIME CLUB ROOM</b> 4:30pm-9:00pm, CAT 274 <b>ON CAMPUS GAMING</b> 5:00pm-10:00pm, CAT 191	14
15	16 <b>SMASH CLUB WEEKLIES</b> 5:00pm-10:00pm, CAT Theatre	17	18 <b>GDD GAME NIGHT</b> 3:15pm-10:30pm, J010 & J012 <b>THE MUSLIM VOICE</b> 2:00pm-4:00pm, CAT 211	19	20	21
22	23 <b>SMASH CLUB WEEKLIES</b> 5:00pm-10:00pm, CAT Theatre	24	25 <b>GDD GAME NIGHT</b> 3:15pm-10:30pm, J010 & J012	26	27	28
29	30	31	1	2	3	4

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# ENTERTAINMENT

## Core lessons



By **STEVEN SMITH**  
Entertainment Co-Editor

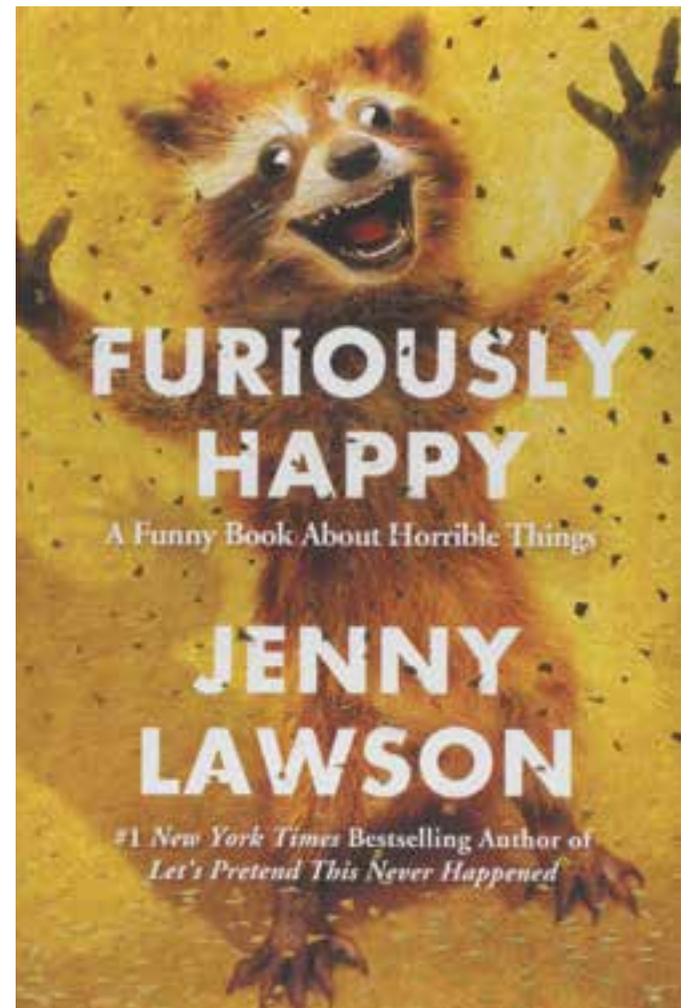
There is a book that I have read over the last year that I have taken to heart. Its title explains it all — *Furiously Happy*. Written by Jenny Lawson, a comedian and blogger, she takes awkward moments in her life and puts them to paper. She writes about her experiences with mental illness, depression and anxiety. It was referred to me by my girlfriend because she saw much of herself in the book, but I think the core concept rings true for everyone.

Lawson, a long time sufferer of depression, came up with a philosophy of being “Furiously Happy” after a particularly bad time in her life. She stated that between those moments of depression she would find

ways to make great moments in her life and those moments would sustain her. These adventures lead her to hug a koala in a koala suit and all of the taxidermy one can imagine. It is a heartfelt, ridiculous look at someone who is just trying to live their life day to day and sometimes those days are bad.

I think a lot of us suffer from some form of depression. From the way we look, act and feel these are all ways we can feel depressed. I personally tend to suffer through seasonal affective disorder (SAD) around Nov. 20 till about Chinese New Year. It is weird and arbitrary, but though reading Lawson, I realized I had already used the core concept of *Furiously Happy* to help me from my personal depression. The reason it tends to get better around Chinese New Year is because I love Chinese New Year. I’ll always do something fun, exciting and sometimes crazy. By embracing those moments that make us ridiculously happy, we can get through those times of hardship.

When we are sad or depressed, it can take a lot for us to do anything. So on those days when you are feeling OK, do something fun and wild. You’ll be happy you did it and it should make the downtime a little less painful.



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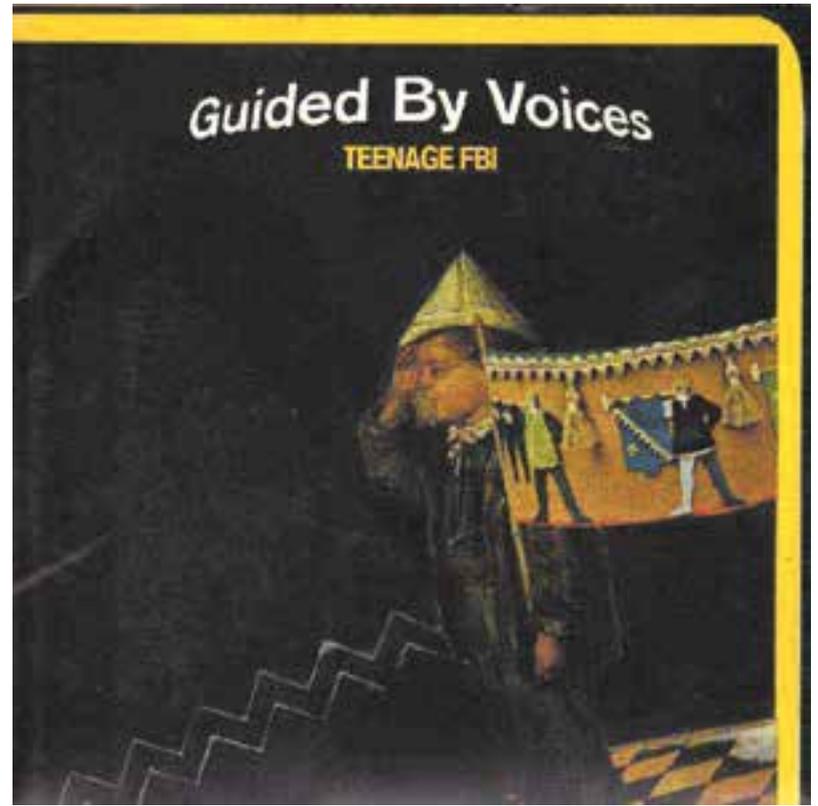
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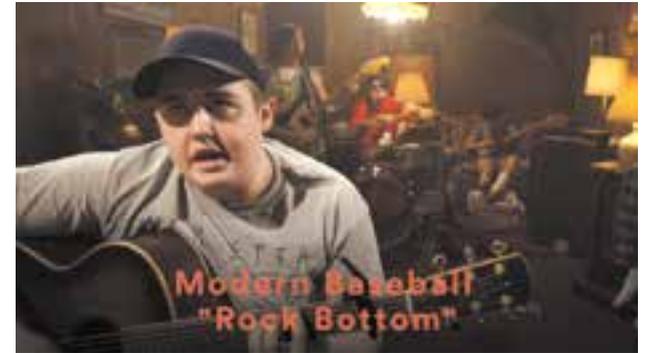
By **EMILY KELLER**

Summer is coming up and honestly, why listen to fun bops when you can embrace some teenage angst? Summer only lasts a few short months, so make the most of your time spent waiting for school to come back with this selection of angst-ridden, high-school inspired indie jams!

- In the Aeroplane Over the Sea – Neutral Milk Hotel
- Creature – It Looks Sad.
- Watered Down – Swearin’
- I Feel Extra-Natural – LVL UP
- Someday – The Strokes
- Ten Things – Paul Baribeau
- Beer For Breakfast – The Replacements
- Had Ten Dollaz – Cherry Glazerr
- Afraid To Care – Washer
- Starslight – At The Drive In
- Clotheslined – Special Explosion
- Antabus – Makthaverskan
- Gutter Girl – Hot Flash Heat Wave
- Stay Useless – Cloud Nothings



- I Did Something Weird Last Night – Jeff Rosenstock
- Teenage FBI – Guided By Voices
- Tell Em All to Go to Hell – Ezra Furman
- Rock Bottom – Modern Baseball
- It's OK If – The Obsessives
- Art School – Remo Drive



## WEEKLY SPECIALS

<h3 style="text-align: center;">FOOD SPECIALS</h3> <p><b>MONDAY</b>   \$7.00 I Wish it Were Fry-Day Bowls <small>(Mexi, Veggie Supreme or Chicken Bacon Ranch Fries*)</small></p> <p><b>TUESDAY</b>   \$1.00 off 8" Signature Pizza</p> <p><b>WEDNESDAY*</b>   \$7.00 Nest of Wings <small>(Add Ranch \$1.00)</small></p> <p><b>THURSDAY*</b>   \$7.00 Fusion Perogies</p> <p><b>FRIDAY</b>   \$7.00 Daily Soup &amp; 1/2 Wrap</p>	<h3 style="text-align: center;">DRINK SPECIALS</h3> <p style="text-align: center;">DAILY \$4.50 BRO-tini</p> <p><b>MONDAY</b>   \$5.00 Off Bottle Wine</p> <p><b>TUESDAY</b>   \$5.00 1oz Crushed Ice Cocktails</p> <p><b>WEDNESDAY</b>   \$4.50 1oz Lamb's Rum Highballs</p> <p><b>THURSDAY</b>   \$5.00 Flavoured 1oz Absolut Vodka Highballs or Cocktails</p> <p><b>FRIDAY</b>   \$4.50 Domestic Bottles</p>
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REVIEW US ON:

# Literary Corner

## SHORT STORIES

# Tinnitus and Silence

By ISAAC DYMOCK

Ring. Always the ringing in her ears. Her doctor called it tinnitus, said it's some sort of permanent hearing damage from too many loud noises. That'll teach her to not go to so many neo-future-punk shows, hah. At least the ringing is something, something that she can focus on in a place with no lights, tangible sounds, or even the sensation of touch. She is in a black void, she could even be bodiless and not even know it; if not for the tinnitus.

Darkness, can't even feel herself blinking. Can't flex her hands or bend her wrists. Can't twist, lick, snort, twitch, mouth, crane, flick, or even induce vomit. No senses besides ye old reliable tinnitus always blaring its monotone high pitched whine into her ear drums, or is it directly into her brain? She can't tell, though her doctor probably did mention it and one point or another.

Enough about examining what she can't do, what can she do? She can think, so her brain isn't turned off like in some

crazy conspiracy theory about brains being extracted and kept in safe storage, though, really if that was the case how would she know? How could she be able to tell her brain wasn't just sitting in a jar somewhere with probes dug into it sending signals that replicate her consciousness perfectly, fooling her into thinking she is an independent thinker?

Silence, silence and tinnitus, passes for a long time as existential dread fills the gaps where the rest of her (maybe) existent body has been taken from in her mind. Hours? Minutes? Days? She doesn't know. Will she ever know? At this point it is doubtful she'll even wake up or be able to see anything again.

Silence, tinnitus, and despair. What is the point of life if she can't live it? Why is she in this situation? She doesn't know any of the answers to any of these questions. All she knows is that she was a punk rocking maniac, at least that's the last thing she remembers. If that is even real... though there is one more memory before the dark-

ness, silence, and tinnitus. She was getting a tattoo over her heart.

A tattoo part of a new fad, nanomachines in the ink that can be scanned by electronics to produce sound and moving holograms. Pretty cutting edge stuff, same kind of tech her favourite band uses to make themselves appear all over a venue. They each have a full back tattoo of some crazy tribal design and whenever the laser show hits it they all appear midair above the crowd rocking out to whatever song their real selves were playing at the time. Cool technology the smart types are coming up with these days.

Something changes. No more tinnitus, what doctor? She can't remember something about a doctor? What's tinnitus? She can feel something soft under her head, warmth on her skin, noises in the back of her head. Yelling? No, talking. Some hold her hand. Light.

Blinded for several minutes as her eyes snap open she cries out and squirms as best as she can, but can't as her body is

restrained on a stretcher. Someone presses their hand gently on her shoulder and she can vaguely see a face she recognizes. It's the lead singer of Gamma Ray Hard Drive, the band she was watching. Right, he's her boyfriend. She smiles at him from down on the stretcher oblivious to how close he was to losing her.

Somewhere in the background of the touching scene someone walks away into driving rain and a lightless street. They pull out a device from their coat when no one is within sight and hearing range. Switching it on a man's face appears, half disfigured by some horrible bone degeneration disease and reinforced with primitive cybernetics, he speaks in a garbled language half mixed between Lunarian Russian and Martian English. The figure's cybernetically enhanced brain does an automatic translation for him.

"Audio-wave tattoo sublimation is successful with only a few side effects of death or near endless coma. Proceed to phase two, activate Project Alpha-Wave."

## POETRY

### Poem

*I would like to dedicate this poem to all of the international students who are away from their homes and missing their family and friends*

You'll miss me when I'll be away,  
You'll miss my midnight talks that kept you awake.  
I'll miss our laughs together,  
The way you made my days

better.

The secrets that we shared;  
Each other's happiness or pain, but we cared.  
You'll miss how I used to irritate you,  
I'll miss the way you used to mock me, too.  
No matter how much more will we miss,  
In staying away also, our love will always be a bliss.

And when we'll be together again,  
I promise I'll take away all your pain.  
But till then,  
I'll let you miss me,  
Because you cannot achieve dreams for free.  
I'll have to miss you,  
But we'll have to stay away for our dreams to come true.

— By Simar Bains

### In Memoriam

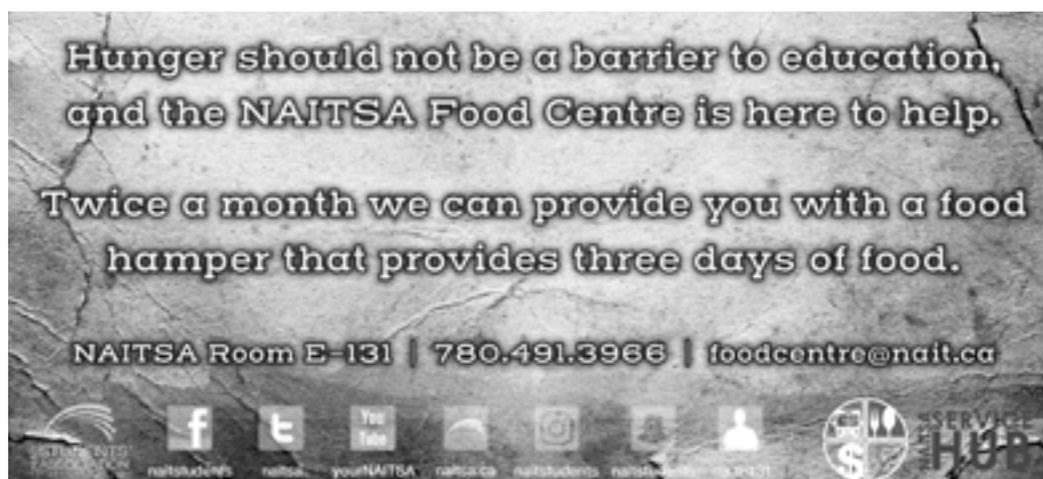
Hawking,  
Shocking.  
Bowie,  
Story.  
Fisher,  
Wisher.  
Cohen,  
Bowling.  
Prince,  
Since.  
Downie,

Townie.

Loss at its deepest,  
Memories at their brightest.  
Leaders to the end,  
Inspiring many a trend.

Let us remember their loss,  
Lest we become the lost.  
Let us see their shadow,  
Let us become their sorrow.

— By Isaac Dymock



1992

November 10, vote was in favor of allowing exotic dancers at NAIT events. It was defeated 3 months later.

January 15, NAIT's first ever Aboriginal Student Club is formed.

1993



1994

June 13, South Learning Centre construction begins.

# Now's the time to STRYVE!

By DJANVI CHRISTIAN

Romar Duco is the founder of STRYVE clothing, a lifestyle street-wear brand, promoting a forward-looking mindset that explores all possibilities. He's also a fashion designer and a current student in NAIT's Digital Media and IT program. Duco is not one who rests and waits, simply wishing to accomplish something. He is a go-getter. It was this ambition and kind of thinking that eventually led him to launch his own clothing brand last May.

Duco and his family lived in Toronto before moving to Alberta. During that time, he witnessed his parents working hard to improve their lifestyle. This made him believe relentless hard work certainly pays off. But the trigger first launched when he was accepted into a program at NAIT.

NAIT has been the place where he discovered that his ideas can be easily turned into reality, when surrounded by knowledgeable people and accessible, advanced technology. Moreover, an institute like NAIT can be one of the best places to market and sell a product, due to the affluence of people here. In the same way, Duco's aptitude for design was obvious and he kept sharpening this skill through projects and small ventures.

"I remember designing my own T-shirt for project work in junior high and high school."

Following those small ventures, which strengthened his yearning to establish a clothing line, Duco still wasn't sure about his idea and how he was going to make it happen. Then he got to NAIT.

"When I first came in, I didn't know that creating your own website was that easy... I was around people who knew how to do it and that inspired me to go for it."

After being sure about the branding and the design of a



selection of hoodies, sweaters and headwear, he contacted a local manufacturer to make the clothes. But he then encountered one of the biggest problems all entrepreneurs face; the funding. At that time, Duco received almost no money to fund his new venture. However, what he did to make it happen truly represents what STRYVE stands for.

"In December, 2016, I sold my PS4 and my two pairs of Yeezy shoes for a higher price."

With this initial self-funding, he then went on to launch their first website. Since then, the clothing line has noticed sales increasing, as well as local recognition.

He's now running the clothing line with the help of friend and associate Joshua Magtoto, a student from the University of Alberta, who deals with the statistics and projections of how much stock are sold.

"I want the brand to be established locally and support local businesses, and then the rest will follow."

You may wonder why STRYVE is written with a 'Y' instead of an 'I'. STRYVE has a double meaning. First, it represents a set of core values that inspire others to retreat from their comfort zones and work relentlessly until their goal is achieved. Secondly, is the word 'try,' which means that if you ever want to do something great, you have to at least try sometime. Everything starts with a seed as an idea, then through watering, effort and hard work it grows and becomes a beautiful rose; just like the STRYVE logo.

STRYVE also aims to give back to communities, both locally and globally, and to help fund people in need. Ten percent of their revenue is donated to charities such as We Free the Children and YESS.

Is there anything you wish to achieve? If so, what are you waiting for?

Go get it.



Photo by Kyle Ladda

Romar Duco

## JUST THE TIP

# Sex robots are coming soon

By ARIELLE TRISCHUK

How is sex going to change in the future? It's doubtful any other sex positions can be dreamed up since the Kama Sutra was written in 600 BCE and not much has changed. The only real difference is the advent of soap, which I speculate increased the amount of oral pleasure between partners. Outside of that, we've relied on the growing sex toy industry to invent new ways of improving self-manipulation.

What may have started as varnished dildos and complex vibrators has transformed into a \$15-billion industry. So where is that industry headed? The Hitachi Magic Wand already trumps most vibrators and it's been around for 30 years. If you're looking for something male oriented, the Fleshlight was invented over

20 years ago. Even the RealDoll has been around for nearly 18 years.

But there's something missing; what about robots? Whether you're a fan of *Westworld*, *Stepford Wives*, *Ex Machina*, *A.I.* or *Her*, I'm sure you're aware of the potential. Robots are the next big step in the sex toy industry and the creators of RealDoll know it. Abyss Creations has formed a new division called Realbotix, dedicated to bringing life to the inanimate.

If you've never heard of RealDoll before, here's some things you need to know. They create hand crafted silicon dolls with realistic orifices. They have stainless steel parts and aluminum fingertip guards. There are 28 pre-configured, named, female dolls and three male dolls. They can support up to 400

pounds and are easy to wash with warm water and soap. They also cost a minimum of \$7000.

Realbotix has developed an artificial intelligence program available as an app on your phone. Get yourself a RealDoll with the new robotic head, pair it with Bluetooth and suddenly your doll has a personality too. She can maintain a conversation and does her best to learn from each interaction. But the technology isn't going to stop there. The company is also considering adding cameras to the eyes in order to track faces and detect emotion.

These dolls are more than just an imitation of a woman; they are a form of companion. The new dolls aren't available yet, but you can start pre-ordering and you can buy the artificial intelli-

gence app named Harmony. The future is coming.

Unfortunately, the market is generally directed towards men. Some journalists have speculated about the potential future of a sex robot society, and they're more than bleak, mostly painting pictures of an underpopulated planet. I'm much more optimistic. If some people prefer the company of an imitation human, who am I to stop them? I'm sure there are instances where this may be problematic, but ultimately it's their personal preference.

So who knows? While these dolls aren't able to support their own weight (yet), maybe they'll provide the necessary warmth and compassion missing in someone's life. Or at the very least, save money on prostitutes.



# How much of this beautiful province can you see this summer? Jump in the car, hit the road, and win Oilers tickets!

## National Parks

- Wood Buffalo
- Elk Island
- Waterton Lakes

## Cities & Towns

- Edmonton
- Calgary
- Drumheller
- Red Deer
- Lloydminster
- Medicine Hat

## Strange Oddities

- Em-Te Town
- Gopher Museum
- Trekcetera Museum



## Big Things

- Largest Dino, Drumheller
- Largest Kubasa, Mundare
- Largest UFO Landing Pad, St. Paul
- Tallest TeePee, Medicine Hat
- Largest Sundial, Lloydminster
- Largest Chuckwagon, Dewberry
- Largest Mallard Duck, Andrew
- Largest Mushroom, Vilna
- Largest Beaver, Beaverlodge
- Largest Badminton Racket, St. Albert
- Largest Blue Heron, Barrhead

## Tell Us...

- Best food you ate
- Best campsite or hotel
- Funniest memory
- Most instagrammable place
- Best sunrise/sunset
- Best travel friend
- Best place you found that wasn't on this list



1995

October 2, Instrumentation Team Wins International Competition.

November 3, NAIT gets a taste of the internet.

1995



1996

September, NAIT's permanent bookstore opens called Campus Reads and Need.

# Why I am NAIT branded!

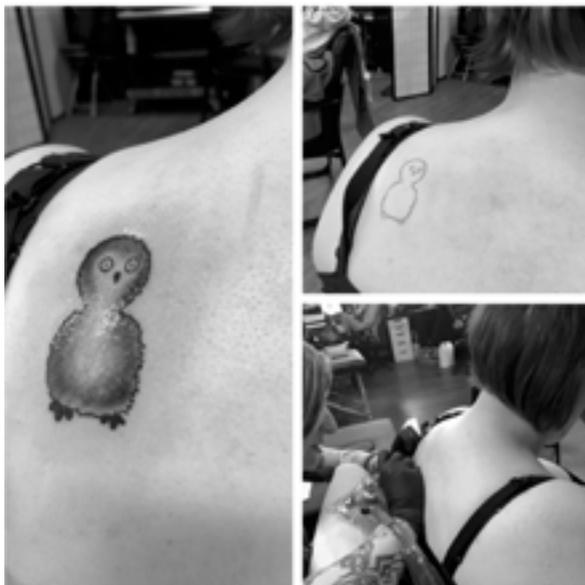
By SHEENA DUKEWICH

I have recently gotten my first tattoo and the one I decided to get was an Ookpik. Why would I get the NAIT mascot on my body for the first tattoo ever? Simple – NAIT has made a permanent impact on my life and who I am as a person. It’s an unseen permanent mark and I wanted to have a visual reminder and a badge of honour of the same mark.

No one’s life is perfect. Everyone has had challenges and struggles and one of my more substantial challenges in my life has been academics. I am proudly a student with learning disabilities. I personally like to call them learning differences. I have never been good at school, most of my grade school experiences have been plagued with depression, anxiety and educational struggles. I often thought I was stupid, incapable of learning anything. I had nights, weeks and months in high school when I was convinced I wouldn’t even be able to graduate.

Needless to say, I did graduate high school on time in the early 2000s. I tried my first year at postsecondary right after graduation like I was told I had to but I was wait-listed my first year due to my grades. I upgraded and tried again. During the second year of my program in my first college experience I dropped out after flunking more than one class.

During my time at that school I was first officially diagnosed with learning disabilities. When I left school, I was convinced that because of my disabilities, I would never be able to stay in school. I truly felt “too stupid for school.” I was not told this by any school or any official, it was a personal feeling. After my heartbreak with education I turned to a life of work. I got into security and became a licensed guard and that was my life. I held other retail and office



Supplied photo

jobs between my life in security but all my jobs were middle management, low entry.

Every time I tried for a promotion, my lack of academic documentation was holding me back. I felt like just sticking with what I was good at and getting paid for security work. Unfortunately, due to some scary life situations experienced while in security, I finally wanted to go back to school. I checked out many different post-secondaries. I felt no renewed hope that I would be any good at school this time around. I was dealing with my learning differences but even though I felt better about my differences and understood them more, I still didn’t think I was smart enough.

My mother is a NAIT graduate. She has some of the

same learning differences and had achieved great things in her life. She mentioned I should look at NAIT. I did, but it wasn’t until my meeting with the Student Services Department (SSD) that I was assured I was more than talented enough to be in school. And if I wanted, NAIT would be here to make sure it happened. I felt a little hope, was still doubtful but attempted it anyways.

I applied for my first diploma in Hospitality Management and, in April 2017, I graduated from that program with honours! I cried every semester I received my letter of being on the dean’s list. The first time I got it I actually questioned the school, asking if it was real. There must have been a mistake. There wasn’t. I walked across the stage the first weekend of May in my blue gown and for the first time in my life, my whole 30-something years, I felt smart!

After that graduation ceremony and with the help and support of my school behind me, I applied to the BBA degree at NAIT in the JR Shaw School of Business. I am now in my third year classes, a Campus Ambassador, a participant of the LEAD program and getting solid As and Bs in my classes. NAIT has given me an education but more important, NAIT has given me a new life. I have grown so much both personally, emotionally and academically all because of NAIT. I went from believing I was a stupid person that would face struggles daily in my life to someone who now has the belief that I am an intelligent and high achieving individual who is capable of reaching any goal I want. NAIT has marked my life, and now I have let NAIT mark me.

Thank you NAIT for everything! NAIT says it’s essential to Alberta but NAIT was essential to me. I am truly an Ook for life!

## SUMMER MOVIES

# Five flicks to watch for

By HUNTER MURRAY

### Avengers: Infinity War – April 27

*Avengers: Infinity War* is the third Avengers movie and the 19th movie in the Marvel Cinematic Universe. This also marks 10 years since the first MCU movie, *Iron Man*, was released. It follows the Avengers getting back together after the events of *Captain America: Civil War* (2016) and *Thor Ragnarok* (2017), to take on the alien titan known as Thanos. Thanos has been teased in Marvel movies since 2012, which has gotten many superhero fans looking forward to his full appearance this year. *Avengers: Infinity War* will also mark the first time that the Guardians of the Galaxy will be crossing over and finally joining the heroes of earth in the fight against Thanos.

...

### Life of the Party – May 11

Deanne (played by Melissa McCarthy) is the perfect stay-at-home housewife. That is, until her husband suddenly decides to break

up with her. Deanne decides to turn regret into set-back, and goes out to start a new kind of life by going back to college. She ends up taking the same courses as her daughter, so that they could take the same classes together. This middle-aged mother is now going to be living the college life on campus. Her daughter may be focused on school, but Deanne prefers the party life.

...

### Incredibles 2 – June 15

The family of superheroes are back! *Incredibles 2* takes place right where the last movie ended. This time, Elastigirl is in the superhero spotlight, as she goes out saving the world on solo missions. Meanwhile, Bob (Mr. Incredible) is staying at home to take care of the kids by himself. This proves to be tough for Bob, especially when the baby, Jack-Jack, still has mystery powers that the family doesn’t know about. Most of the voice cast will be returning, including Samuel Jackson as Fro-



Melissa McCarthy in *Life of the Party*.

zone, after 14 years since the first movie.

...

### The First Purge – July 4

*The First Purge* is a prequel horror movie to *The Purge* franchise. The title is exactly what it sounds like. It’s the very first purge, with a specific theme in mind: Politics. The teaser poster alone is a red baseball cap

that is clearly supposed to be the President Trump, “Make America Great Again,” hat. Not much is known about the characters or how the story happens, but from the promotions and the July 4 release date, one can only assume this movie will be a war of political proportions.

...

### Christopher Robin – Aug. 3

*Christopher Robin* is a wonderful story about to happen. Ewan McGregor plays an older Christopher Robin. He is tired and stressed over his job and misses how fun the world used to be. That is when Winnie the Pooh steps in. That’s right, *Christopher Robin* is a live action take on *Winnie the Pooh* set roughly 30 years after the old children’s show we all used to watch. Not much is known about the plot yet, but the teaser trailer online definitely shows that this movie is going to have that magic touch that Disney is known for.



# Style files - Year 3018

By NIKITA ELENIAC

Captain Jory Voltron wears a Gucci vest paired with metallic arm cuffs. Commander Nikita Luna wears a Calvin Klein crop top with metallic arm cuffs and matching choker. Both wear a silver-plated cap.

The overall metallic essence of the wardrobe is indicative of the time period and serves as both fashion and function. The overall temperature of the planet is at an average of 127 degrees, and the metallic surface of the clothing is used to reflect the UV rays and lower the body temperature of the wearer. The caps are also used to protect the wearer from the UV rays, as well as an additional benefit of style. The metallic arm cuffs and jewelry are used to harness the energy of the rays, which are then converted into power for the wearer's ship.

Captain Voltron also holds a silver staff, used as protection from the invading alien bodies. Their outfits give off a feel of practical fashion, while still looking put together in pieces that are fresh off the runway.



Photo by Emily Keller

# The magic of entertaining

By SHAWNA BANNERMAN

Jay Chun's interest in magic began at a young age from the influence of his father.

"My father was a sci-fi fan, and also a superhero movie fan. So, growing up I was under the impression that out of the billions and billions of people on this earth, there has to be at least one person who actually has superpowers," said Chun.

In his search for that higher power, Chun, a NAIT student who's now performing weekly at Remedy Cafe,

came across magic.

"You can do things that are impossible with methods that are possible. That really intrigued me."

He has been studying magic every since and began practicing his skills in 2011. His interest in juggling led Chun to start the Juggling Club at NAIT four years later.

"I started expanding more into juggling, and circus art and that inspired me to start the Juggling Club at NAIT which we've been running for three years now."

While most know Chun as a juggler, he sees himself as a juggling magician who also incorporates comedy into his routine.

"I genuinely enjoyed making people laugh and when I started learning magic I realized that I can leave a bigger impact in an individual's life with a trick instead of cracking a few jokes."

Magicians and physical performers go through a training regimen which he says is no different than preparing for a physical sport.

"It's like any performance art. Any discipline requires physical practice ... learning techniques, methods, presentations, sleight of hand, actually doing it in person, showing it to people, going through trial and error, making a lot of mistakes, [and] learning from those mistakes."

Dishonesty often surrounds magic, but he values how spectators can step away from day-to-day life and experience the impossible.

"People usually think of magic as the art of deception. Some people definitely see it as a scam or lying or being deceitful, but I like to see it as theatre and art ... you're giving someone a gift of wonder and impossibilities. With things that are possible, you're showing them something that they can't quite explain how it works."

As a regular fixture at Remedy, Chun performs his up-close magic with a blend of juggling and, of course, comedy. He is also an active street performer during the summer festivals in the city.

"I've never had a single customer who left being dissatisfied from my performance. To humbly put it, I'm quite decent at it."

For more information about Chun's performances at Remedy Cafe, visit Remedy's facebook page @RemedyCafeYEG.



Photo by Vincent Lau

Jay Chun entertains



2002

November 1-3, NAIT Student Damara Lopez brings home gold medal from Salsa Dancina competition.

The NAIT Campaign: Opening Doors successfully concludes with a total of \$24 million raised, with \$3.8 million raised for scholarships and student awards.

2002



2003

January, the Nugget goes online.

SCREEN REVIEW

# Action scenes spectacular

By **GERVAISE BRANCH-ALLEN**

Starting in 2008, Lucasfilm Animation produced the critically acclaimed *Star Wars: The Clone Wars* animated series. With over 100 episodes of rich storytelling and beautiful animation, *Star Wars: The Clone Wars* was a fan-favourite series set between Episodes II and III of the *Star Wars* saga. Following the Walt Disney Company's acquisition of Lucasfilm in 2012, *Star Wars: The Clone Wars* was cancelled in favour of a new animated series. While the decision was lambasted by viewers, *The Clone Wars* made way for the latest animated series: *Star Wars Rebels*.

Set between Episodes III and IV of the *Star Wars* saga, *Rebels* tells the story of a rag-tag group of characters, known as the Ghost crew, as they fight against the galactic Empire. In 2014, *Rebels* premiered as Disney's first entry in the *Star Wars* canon. The Ghost crew comprise of former Padawan Kanan Jarrus, Twi'lek pilot Hera Syndulla, Mandalorian artist Sabine Wren, Lasat guardsmen Zeb, street

boy Ezra, and obdurate astromech Chopper.

In the first season, Ezra joined the Ghost crew as they helped civilians who had been abused by the Empire. Along the way, he discovered his strong connection to the Force and trained as a Padawan under Kanan. The heroes' activities attracted the attention of the Empire, leading to a showdown with the Jedi hunter known as the Grand Inquisitor.

In the second season, the Ghost crew joined the larger rebellion and opposed the Empire directly. As the crew met new allies, the Empire sent Darth Vader and two more Inquisitors to dispatch the team and prohibit their efforts to defy them.

In the third season, a new threat arrived in the form of master tactician Grand Admiral Thrawn, who outmaneuvered many planned attacks by the rebels. Meanwhile, Sabine reluctantly returned to her family after being exiled.

This leads to the fourth and final season of the series. The heroes return to Lothal, Ezra's home, to liberate it from the Empire's

heavy handed control. These final episodes are a joy to watch as fan-favourite *Expanded Universe* characters make their debut and the story gets closer and closer to the events of *Rogue One: A Star Wars Story* and *Star Wars: A New Hope*.

The series finale features the Ghost crew's final attempt to save Lothal and its citizens by recruiting allies from the previous seasons. Following the loss of a beloved friend, the crew are more determined than ever to achieve their goals. I can't say much else without spoiling the episodes.

The action sequences in the final three episodes are spectacular. There are huge sweeping battle sequences on the ground and in the air with a number of characters. According to the show runners, these battles were difficult to animate, but I really appreciate their hard work because the final result is beautiful. One scene

features Ezra battling some of the Emperor's deadly guards without his lightsaber in a gorgeous looking showdown.

I felt like each main character and even the supporting characters had at least one heroic moment, including Zeb, who gets short-changed in this series at times. Zeb's battle with Thrawn's right hand man Rukh was a great way to showcase the character.

I'm so glad *Star Wars Rebels* had the chance to end in a satisfying conclusion instead of being cancelled like its predecessor. *Star Wars Rebels* was such a wonderful series because it told the story of a family who wanted to instill hope throughout the galaxy. The last decade has been filled with excellent stories in animation that I've enjoyed more than the current *Star Wars* films Disney has released. I can only hope the future is bright for *Star Wars* animation.

## Who to call?

**Counselling Services** – Personal concerns, crisis counselling, chaplaincy, 780-378-6133; Main Campus, Room W-111PB, Souch Campus Z-153.

**Financial Concerns, Emergency Loans, Academic and Career Planning** – Student Service Centre, CAT Building

**Food Bank** – NAITSA has a new food bank service available. Students can contact NAITSA directly at 780-471-8855 or go to Room E-131 for more information. Food Bank boxes are also located at both Patricia and Souch campuses.

**Health Insurance** – Student Health and Dental Plan, 780-471-7730; Room E-125.

**Housing** – On-line housing registry at [www.rentingspaces.ca](http://www.rentingspaces.ca)

**Injury/Minor Medical Concerns** – Health Services, 780-471-8733; Room O-119

**Job Related Resources and Workshops** – refer to BGS Enterprises Inc., 780-425-6655

**Learning Services** – Assistance with academic barriers, 780-378-6133, Metro Campus: Room W-111PB, HP Centre, Souch campus: Z-153 Souch, Patricia Campus, P-127M (access through front office).

**NAIT Security** – 780-471-7477

**Ombudsperson** – Conflict resolution, concerns about unfair treatment, 780-491-1305, Room O-117

**Program Concerns** – Program Chair or Program Adviser

**Scholarships and Awards** – Student Awards Office, 780-491-3056, Room O-101

**My Wellness** – Mental wellness resource provided for students by NAITSA. Can be accessed at <https://mystudentplan.ca/nait/en/mywellness>

**Student Loan/Grant Assistance** – Financial Aid Office; 780-491-3056; Room O-111

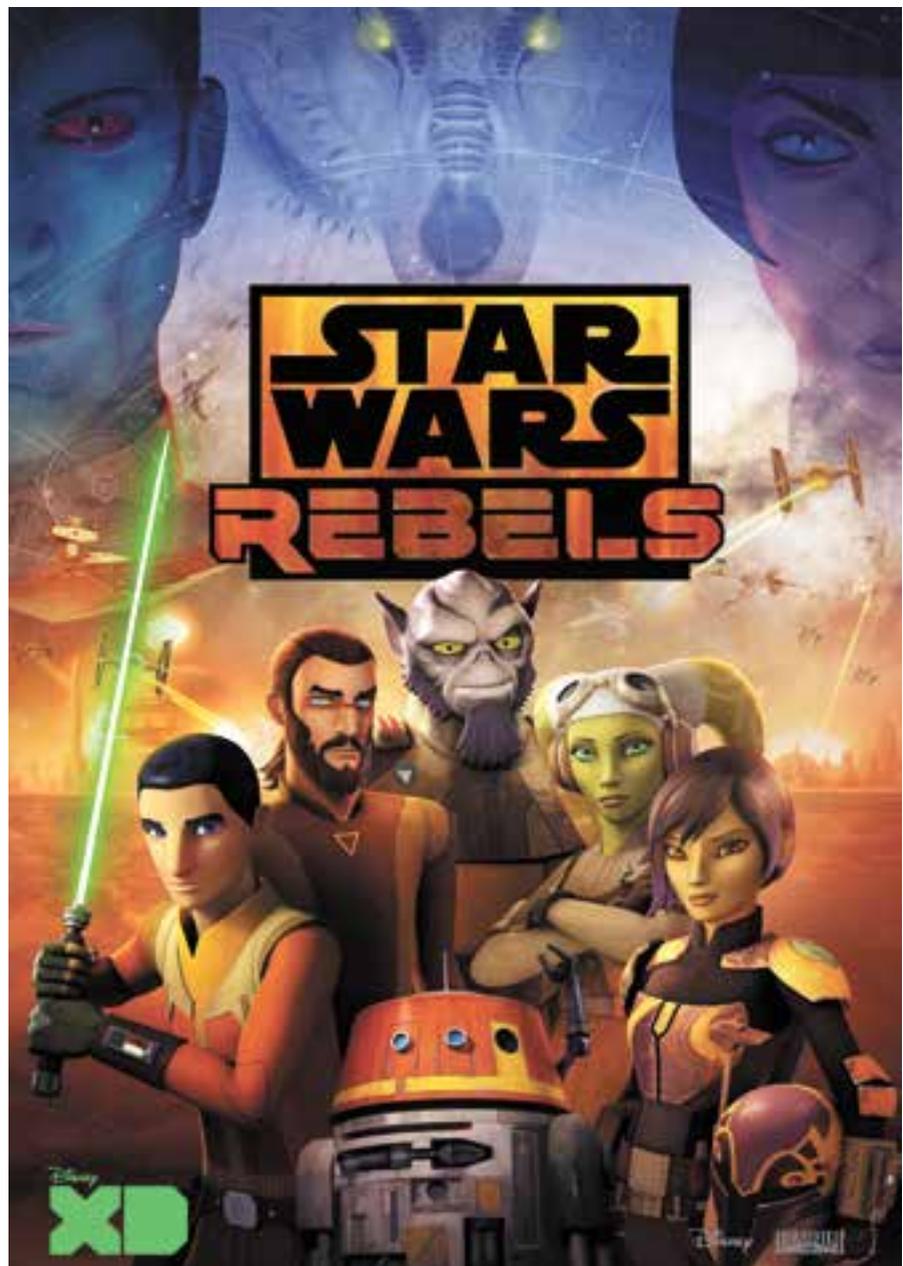
**Tutoring**

**Main Campus**, Room U-210A, Monday-Thursday: 8:30 a.m.-1 p.m. and 2-5 p.m. Friday, by appointment only. Book in Room U-210A or W-111PB or call 780-378-6135.

**Souch Campus**, Room Z-118 Monday-Thursday: 8 a.m.-1:15 p.m. and 2-4:30 p.m. Friday by appointment only. Book in Room Z-118 or Z-153 or call 780-378-1049.

**Patricia Campus**, Room P-165 Monday-Thursday: 8 a.m.-9 a.m., 10 a.m.-1 p.m. and 2:15-4:30 p.m. Friday by appointment only. Book in P-165 or call 780-378-1055.

**Violent or potentially violent behaviour or extreme medical emergency** – Security, 780-471-7477), 911 or the Police Complaint Line, 780-423-4567, if appropriate.



Wookieepedia - Fandom



2005

March 10, swim team wins ACAC Championship.

2006



2006

Wi-Fi Connection services expand on NAIT Campus. (Expected completion to be determined).

October 13, Suncor donates \$3 million to NAIT Scholarships and energy centre creation.

Art – Year 3018



## WHERE ARE THE STUDENT MICROWAVES ON CAMPUS?

BUILDING	ROOM	QUANTITY
CAT - Near the Vending Machines	CAT 130	4
CAT - In the Square	CAT 172	2
CAT - NAITSA Student Lounge	CAT 200	6
CAT - Near the Vending Machines	CAT 266	4
CAT - Near the Vending Machines	CAT 320	4
CAT - Near the Vending Machines	CAT 415	4
F-Wing - 2nd Floor Student Lounge	FOX 1	1
G-Wing - 2nd Floor Student Lounge	G 204	2
H-Wing - 2nd Floor Student Lounge	H 204	2
Heavy Equipment Technology Building	HET 115	5
J-Wing - 2nd Floor Student Lounge	J 204	2
Common Market - Seating Area	O 126	4
North Lobby	O 1X3	6
NAITLum Student Lounge	H 104/J 104	14
Learning Resources Centre/Fresh Express	U 116	4
Industrial Tech Building	V 121	1
HP Centre/Bytes	W 103	4
South Learning Centre	X 224	2
Spartan Centre - Embens	Y 1X5	7
Crane & Holt Campus	CH 103	2
South Campus	Z 155	6
Patricia Campus	P 126	5
Insulator Campus	RH 107	1
Parkwest Building 1	RP 1119	6

**NAIT STUDENTS' ASSOCIATION**  
ESTABLISHED IN 1964

# The Service Hub also provides...

U-Pass

Emergency Short Term Loan (ESTL) Program

Food Centre

Health & Dental Plan

## EMERGENCY SHORT TERM LOAN (ESTL) PROGRAM

Eligible students facing unforeseen financial emergencies **may** qualify for a short term loan from the NAIT Students' Association. Our ESTL program is for unforeseen financial emergencies, therefore we cannot lend for planned expenses like rent or utilities. We are also not able to lend towards NAIT tuition, fees, textbooks or other foreseen school related expenses. For more information, come in to the NAITSA Service Hub or contact:

e: [estl@nait.ca](mailto:estl@nait.ca)  
p: 780.471.7730

## FOOD CENTRE

Hunger should not be a barrier to your education. Come to the NAITSA Service Hub in E131, or fill out your hamper intake form online at [naitsa.ca/food-centre](http://naitsa.ca/food-centre).

Contact us for more information:

e: [foodcentre@nait.ca](mailto:foodcentre@nait.ca)  
p: 780.491.3966  
w: [naitsa.ca/food-centre](http://naitsa.ca/food-centre)

LOCAL SOUND WAVE

# What to see and hear ...

By NIKITA ELENIK

As we head into summer 2018, consider making some of your plans concert-based. Here is a quick preview of just some of the incredible acts that will be making their way through Alberta's capital city this summer. Because, what would summer be without music?

**ROCK**

**Alice Cooper**

"School's Out For Summer," and what better way to celebrate than with "Mr. Nice Guy" himself, Alice Cooper? "He's Back," and playing the Jubilee August 23.

**Melvins**

The '80s punk rock band takes over Union Hall this summer, on July 24. Brush up on your Melvins knowledge for this show by listening to their latest album, *Pinkus Abortion Technician*, which is scheduled for release April 20 of this year.

**Five Finger Death Punch**

**Breaking Benjamin**

This double bill takes over the Hawrelak Park Amphitheatre on Aug. 9. The show is a stop on the bands' joint summer tour, in sup-

port of *Five Finger Death Punch's* December album release, *A Decade of Destruction*, and *Breaking Benjamin's Ember*, which is scheduled to be released April 13.

**Buckcherry**

The Anaheim rock band comes to Edmonton's River Cree Resort and Casino on July 14, in support of their seventh album, *Rock 'n' Roll*, produced by their own F-Bomb Records.

**Queens of the Stone Age**

Queens of the Stone Age return to Edmonton on May 18 to play Rogers Place on their Villains World Tour, with English rock band Royal Blood opening.

**The Beaches**

The all-girl Canadian alternative rock group comes to the Starlite Room, April 25. Notable singles from the band include "Money" and "The Late Show."

**Bryan Adams**

"The Summer of '69" singer is bringing The Ultimate Tour to Rogers Place on June 8. The Canadian rocker's tour is in support of his latest album, *Ultimate*.

**PVRIS**

The American rock band comes to the Starlite Room on April 27. When they formed in 2012, the band's original name was Paris, but it was later changed in 2013, due to legal reasons.

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**POP**

**Bon Iver**

American indie-folk band, Bon Iver, is set to play the Jubilee Auditorium on May 28. The band's most recent album, *22, A Million*, was released in 2016.

**Air Supply**

The '70s Australian band heads to the River Cree Resort and Casino on April 13.

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**Vance Joy**

The Australian singer/songwriter/heart-throb returns to Edmonton to play Rogers Place on June 27. His latest album, *Nation of Two*, was released in February.

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**COUNTRY**

**Keith Urban**

On Sept. 22, the New Zealand coun-

try singer, Keith Urban, heads to Rogers Place. *Ripcord*, his most recent album, was released in 2016.

**Shania Twain**

A Canadian legend, Shania Twain brings her Shania Now tour to Rogers Place on May 9 and 10 for two nights of her country hits.

**Clay Walker**

American country artist, Clay Walker, will be playing two dates at Sherwood Park's Festival Place; April 30 and May 1.

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**CLASSICAL(ISH)**

**2Cellos**

2Cellos is a Croatian duo, with covers of some of the most popular songs out there. Before their engagement at the Northern Jubilee Auditorium on April 23, be sure to check out their covers of AC/DC's "Thunderstruck" and Luis Fonsi and Daddy Yankee's "Despacito." They are truly a hidden gem.

**Edmonton Symphony Orchestra**

April 5, 6, 7, 10 and more at [www.winspearcentre.com](http://www.winspearcentre.com)



Alice Cooper

Alternative Nation



# On being assertive ...



## TIMELY TIPS

**MARGARET MAREAN**  
NAIT Student Counselling

The ability to communicate effectively is one of the biggest factors contributing to success. Part of good communication is self-awareness. Do you have trouble saying no? Find yourself trying to please others and/or putting others' needs above your own? Think it is important not to make waves? Get irritable or lose your temper when you feel unheard? These can be signs that you could benefit from communicating more assertively. Assertive communication is the ability to express your feelings and needs openly and honestly without being aggressive.

- Body language sends a message, not only to others, but to you. If you are hunched over, avoiding eye contact and talking quietly you are sending a completely different message than if your body posture is erect, you are facing the person

directly and you are making eye contact – and that is before you even say anything!

- Using a calm steady tone of voice sends an assertive message. Whining and talking softly or yelling and arguing send the opposite message.

- Communicate with 'I' messages. Rather than "You never listen to me" you might say "I feel hurt when you don't pay attention to what I am saying."

- Send direct messages. Don't expect the other person to read between the lines or hear what you really want to say.

- Eliminate "should" and "have to" statements and substitute that with "choose to" or "want to" statements.

- Avoid qualifying statements such as "This probably sounds silly" or tag questions such as "Is that okay?"

- Be nonjudgmental. Statements that blame or insinuate will only get the other person into a defensive mode.

- Focus on behaviours not personal attributes. Rather than "You are such a slob" you might say "Will you please keep the bathroom clean and tidy". Stick to factual information.

- Stick to the present. Bringing up past behaviour or old arguments will likely get right back to old patterns of communication. Focus on the behaviour you are concerned about now.

- Be prepared to repeat your message. Don't get sucked into arguing, having to

explain yourself or giving up. You often have to use the "broken record technique" which means repeating your point in a calm, even manner.

- Deal with criticism without taking it personally or buying into it. Making excuses or feeling like you have to explain your performance can lower your self-esteem. Instead, leave it at statements such as "You are right, I did not do my best work on that assignment." Evaluate criticism to see if it is justified. If the criticism is valid look at how you can use it to improve; if it is not valid or important, ignore it.

- Learn to say "No". Don't feel you need to elaborate or justify. If you are unsure if you want to do something don't commit right away. (e.g. "I'll check my calendar and get back to you" or "I'm not sure. I'll let you know later"). Take some time to think about where your boundaries are in various areas of your life and then stick to them. If you find yourself becoming irritable or angry it is often a sign that you have been too passive or that you are going outside of your boundaries.

- Learn from the past. You can't expect your communication to change overnight. Evaluate how you feel after an interaction. If you don't feel good about yourself think about what you could have said or done differently, and then mentally rehearse a more assertive response. And if you know an uncomfortable interaction is coming up,

mentally rehearse your assertive response beforehand.

It isn't always appropriate to use assertive communication. And it doesn't always work to get you what you want. But practice becoming aware of when you are feeling unheard, mistreated or unsatisfied with results, and gradually take steps to increase appropriate assertive communication

Counsellors at NAIT Student Counselling are available to help you with this, or other personal or academic problems.

If you would like further assistance book an appointment:

Counselling is free to registered NAIT students and is completely confidential. Book an appointment at Student Counselling. Personal counselling is free, confidential and available to all currently registered NAIT students.

**Main Campus:** Counsellors are available from 8-4:30 with extended hours for apprentices. Book in person at Room W-111PB in the HP Centre or by phoning 780-378-6133.

Expanded hours:

**Souch Campus:** Counsellor available Wednesdays and Thursdays. Book by calling 780-378-6133 or in person in Room Z-153.

**Patricia Campus:** Counsellor available Mondays and Tuesdays. Book by calling 780-378-6133.

## TECH TALK

# 360-degree camera a delight!

By DJANVI CHRISTIAN

What if you could see the world in 360 degrees without turning your head around?

Who has ever dreamed about a device with which you could take a spherical picture? I mean a picture that shows every single detail around you.

Omni-directional camera devices have emerged over the past three years as one of the better technology breakthroughs, but most people still aren't comfortable or used to them. Fortunately, I had the chance to come across the very best to better understand how it works.

Ricoh Theta S was originally launched two years ago but has only recently gained popularity. It's a digital

camera about the size of your average air-conditioner remote control and is light at 125 grams. The entire body has a rubberized coating, making it easy to grip. The highlights of the camera are the two 12-megapixel fish-eye lenses placed on either side to give you an instant 360-degree picture or video. The camera can also capture full-HD video at 30fps for 25 minutes on continuous shooting. In other words, a spherical image or movie can be easily taken in one shot.

Also, the camera can be freely moved and viewed at 360 degrees, when it is edited and shared. Moreover, it is easy to use with only four buttons on the device, as well as being relatively cheap for no more than \$350.

This is definitely a technology to

consider as it continues to become more accessible and popular. I highly recommend this for the technology and

selfie lover.

Check it out at the NAIT library; you can rent it for free.



2012

NAIT Radio Student Chelsea Bird chosen to participate in Miss Universe.

November, Paper dispenser machines upgraded in NAIT washrooms.

2012

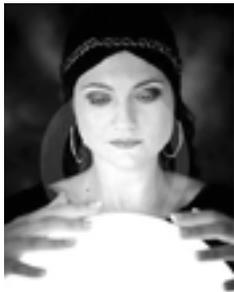


2013

Flynn is introduced to NAIT, first seen in September 12 issue

THE NUGGET PRESENTS:

# HOROSCOPES



**MADAME O**

**April 5-12**

(Warning: These Nugget horoscopes are not written by an accredited astrologer.)

**Aries (March 21-April 19)**

Oh Aries, this summer is going to be the summer of change: a make-over. Those changes you've dreamt of are happening now. No more Wal-Mart t-shirts because you're reinventing your style the way you want. A suit is a suit of armor, a new dress a statement to the world.

**Taurus (April 20-May 20)**

Venus is very present in the eastern sky, so be gentle with yourself. You will get comfortable in the com-

ing months being still and rooting yourself in the earth. Getting comfortable with diaphragmatic breath not only will increase the resonance in your voice when you do decide to speak, but it calms you and keeps you in the moment. The summer of stillness for you Taurus.

**Gemini (May 22-June 21)**

Your ruling planet, Mercury, will retrograde this month but you find other ways to stoke the fire within yourself. No more Netflix marathons, you're gonna be running, jumping, push upping and sit upping. This summer you'll spend your time connecting with your body, feeling sore and enjoying it, feeling improvement and loving it.

**Cancer (June 22-July 22)**

The stars show a busy summer, Cancer. You're rethinking how important certain goals are to you, and you're wondering if the reputation you've been building is getting you where you want to go. In the meantime, you'll be plenty busy with work, family, and friends.

**Leo (July 23-Aug. 22)**

You're starting to think about your finances. You're sick of not know-

ing whether you have money or not, and you want to run it and instead of letting it run you. This take charge attitude will look even better in the sunshine.

**Virgo (Aug. 23-Sept. 22)**

It's time to let go Virgo. You will learn to let go of the one thing that keeps you up at night and it will not be easy. But take the challenge and see how much strong you are without this extra weight. You might surprise yourself and move forward past the summer with a renewed spirit.

**Libra (Sept. 23-Oct. 22)**

It may not be 1967, but for you Libra it's the Summer of Love. You and your significant other will connect on new levels and rekindle some of the lost spark. Those not in relationships won't have to wait long, that one person you've been crushing on will come around.

**Scorpio (Oct. 23-Nov. 21)**

New passions will come to you this summer. There's music to be made, poetry to be written, and art to be drawn. Don't let the moment pass! When it comes, listen and be available to create.

**Sagittarius (Nov. 22-Dec. 21)**

Weather the storm. Evil stuff is brewing and it will test your resolve. These are things you cannot control. Control what you can so that in the face of chaos you're taking care of yourself.

**Capricorn (Dec. 22-Jan. 19)**

Your hobbies will get the best of you: but that's alright! Tangible items end up having more meaning than we realize and it's alright to indulge and let our inner child out. As long as you keep money in order, swing away Capricorn.

**Aquarius (Jan. 20-Feb. 18)**

There might be a chill in your soul Aquarius: so stay in the sun and get yourself a tan. While you're at it Jersey Shore's coming back so relive the magic with the original series. Get crazy and get wild!

**Pisces (Feb. 19-March 20)**

Watch out for miscommunications this summer, Pieces. Don't commit to too many plans, they're bound to change anyway. Be ready to adapt and don't let your spirits get too down. At least the sun is out and you can go for a walk instead.



**PUPPY LOVE**

A rescue puppy is a welcome disruption for a participant in NAITSA's 'Puppy Yoga' session held on March 8.

NAITSA photo by Katie Samyca



# NAIT Main Campus Map



# WHAT DOES NAITSA DO FOR YOU?

ADVOCATE FOR STUDENTS

**NAITSA REPRESENTS STUDENTS**

NAITSA brings issues that matter to students to government & administration through lobbying, committees & an overall engagement strategy.

HEALTH & DENTAL

**OPERATES THE STUDENT HEALTH & DENTAL PLAN**

NAITSA Service Hub | Room E-131  
studentplans@naif.ca  
mystudentplan.ca/naif

U-PASS

**ADMINISTERS THE U-PASS**

NAITSA Service Hub | Room E-131  
upass@naif.ca  
naifsa.ca/upass

FOOD CENTRE

**OFFERS FOOD HAMPERS TO STUDENTS**

NAITSA Service Hub | Room E-131  
foodcentre@naif.ca

STUDENT HANDBOOK

**DEVELOPS & DISTRIBUTES THE ANNUAL STUDENT HANDBOOK**

Pick up your copy at the NAITSA Office (E-131)

MICROWAVES

**PROVIDES & MAINTAINS ALL THE MICROWAVES ON CAMPUS**

naifsa.ca/microwaves-for-students

CLUBS

**SUPPORTS & FUNDS OVER 100 CAMPUS CLUBS**

NAITSA Club Centre | Room E-125  
orgsync.naifsa.ca

DISCOUNT TICKETS

**PROVIDES DISCOUNT TICKETS TO SPORTING EVENTS, MOVIES, & OTHER FUN EVENTS!**

Available in the NAITSA office (E-131) on the Main Campus.

EVENTS

**COORDINATES FUN STUDENT EVENTS ON CAMPUS!**

Check the hallway poster boards & our social media for updates!

EXECUTIVE COUNCIL

**4 FULL TIME STUDENT EXECUTIVES**

**President:**

Official spokesperson of NAITSA.  
**VP Academic:** Helps with questions or issues regarding your studies at NAIT.  
**VP External:** Represents student interests throughout the campus, city & province.  
**VP Student Services:** Helps foster student life on campus.

SENATE

**18 STUDENT REPRESENTATIVES**

Representatives from all program areas, who provide input and vote on important NAITSA issues.

THE NUGGET

**PUBLISHES THE NUGGET STUDENT NEWSPAPER**

Room E-128  
780.471.8866  
thenuggetonline.com

THE NEST

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Located by the pool  
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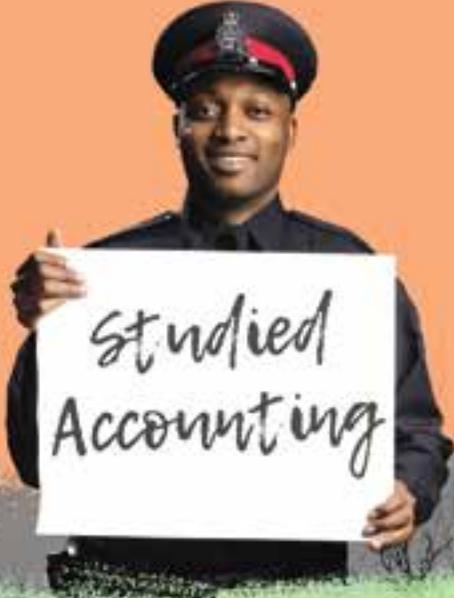
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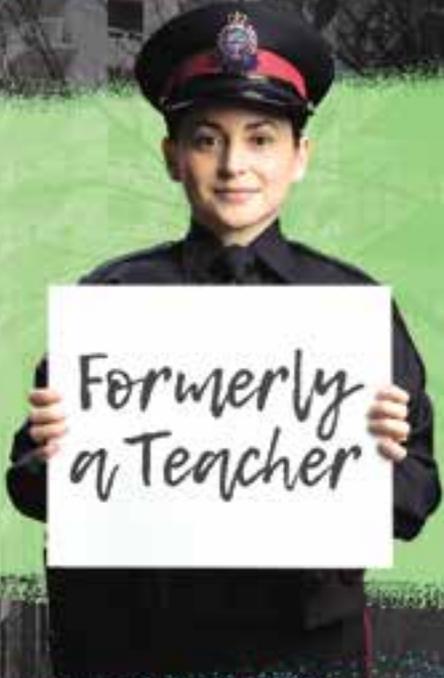
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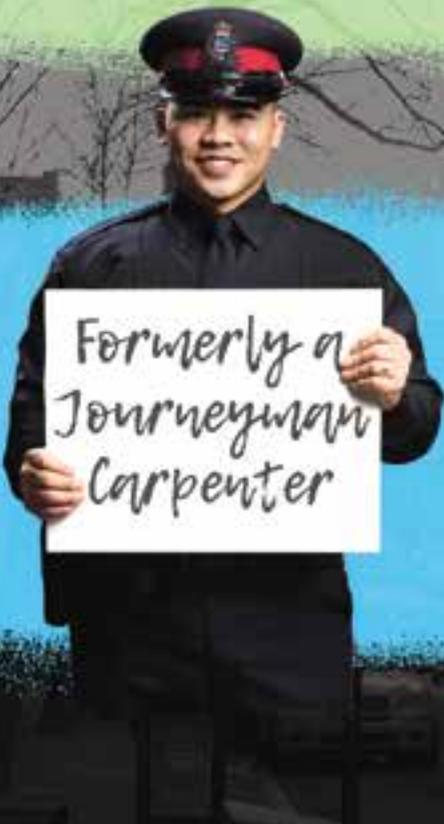
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SERVING MY  
COMMUNITY**



**INSPIRED BY:  
HELPING  
PEOPLE**



**INSPIRED BY:  
A CAREER  
WITH VARIETY**

You don't need a policing background to become a member of the Edmonton Police Service. Every year we hire people from a wide variety of backgrounds, many of them graduates of NAIT. They all have different educational backgrounds, career paths, and reasons for joining. But the one thing they do have in common is the desire to serve the citizens of Edmonton.

If you're looking for an exciting career full of purpose, variety, and lifelong learning, ask yourself:

**WHAT'S YOUR INSPIRATION?**

EDMONTON  
**POLICE** JoinEPS.ca  
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